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BIG SMILE FROM LIL FAN

Canadian Paralympian Michelle Stillwell, who won gold and silver in wheelchair sprinting, shares a high five with 2-year-old Natalie Shearer at the Children's Hospital of Eastern Ontario during a visit by athletes to patients at the hospital. For more on the visit, see page 6. GRAHAM LANKTREE/METRO

Double fix-up fund, staff says

Targets. Ottawa spent minimum on asset upkeep in 2012: Report

ALEX BOUTILIER
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The City of Ottawa should boost infrastructure upkeep spending by about $85 million, a new staff report says.

At a finance and economic development committee meeting Wednesday, Infrastructure Manager Alain Gonthier offered councillors three "levels of service" for fixing aging assets.

The recommended level — maintaining assets in good repair — costs about $165 million a year. That's up from the $80 million Ottawa budgeted for 2012, which staff characterized as a minimum state of repair.

An upcoming report will look at options for finding the money, city treasurer Marian Simulik told reporters after the meeting.

"Our first strategy, though, will be what we can do within the tax target that council has already assigned ... for the next two years and then what could conceivably be a tax target for the next council."

The $340-million Ottawa on the Move plan, which in part is dedicated to infrastructure renewal, could work as a kind of stopgap solution while the city talks with the provincial and federal governments on infrastructure funding.

"The federal government in particular, they've gone and started the consultation process," Mayor Jim Watson said. "So it's not a pipe dream on our part, no pun intended, to expect that there will be some support from the other levels of government."

While the current level of upkeep is significantly less expensive than the proposed rate, staff project it would be more costly in the long run.

By the numbers

$1B

Amount Ottawa spent on new assets in 2011.

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EODF.
Inclusion in fund will help Ottawa diversify: Naqvi

Liberal MPP Yasir Naqvi took the somewhat unusual step of calling on his own government to include Ottawa in a regional economic development fund Wednesday.

In a press release issued Wednesday, Naqvi asked his party's minister of economic development and innovation, Brad Duguid, to include urban Ottawa in the Eastern Ontario Development Fund (EODF).

The EODF leverages public money to spur private economic activity. Over the last four years, $57 million of public money has helped generate $595 million in private investment, according to Naqvi.

Currently, rural Ottawa is included in EODF, but urban Ottawa is not — something both the city and Invest Ottawa have asked the government to change.

"I'm working very closely with the minister to make him aware that this is going to be of huge benefit to our city's economy," Naqvi said, saying he issued the release in order to have his intentions on the record.

Naqvi said that, as the federal government sheds public sector jobs, Ottawa has to diversify its economy — something he believes the EODF would help do.

ALEX BOUTILIER/METRO

Public-private

$595M

In four years, $57 million in public money has helped the EODF generate $595 million in private investment. Urban Ottawa is not included in the fund.

More than 200 students from Ottawa high schools gathered outside Ontario Premier Dalton McGuinty's constituency office to protest Bill 115. GRAHAM LANKTREE/METRO

Arts events latest casualty of Bill 115

Student protest.
Education minister says teachers have put students in middle of dispute

GRAHAM LANKTREE
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Special Canterbury high school theater events may be the latest casualty of Bill 115, said some of the 200 Ottawa students who protested the legislation outside Dalton McGuinty's constituency office Wednesday.

"We have to attempt to convince the government to negotiate with teachers," Hunter Delorme, a Grade 12 student at Canterbury High School shouted into a megaphone. "We are not on either side, we just want negotiation to be possible."

Teachers recently told Canterbury arts students they wouldn't be able to put on the extra shows the school is famous for, Delorme said, since teachers cut extra curricular activities out of their schedules to protest the bill.

"They took away something we love and they love too," she said. "I'm graduating this year and we just want Grade 12 to be as special as all the other years."

Students and teachers began protesting last Thursday after the government enacted the Bill 115 legislation on Sept. 11.

McGuinty said the bill would help reduce the province's $15-billion deficit. "As a government we made a choice to pursue smaller class sizes and all-day kindergarten," said Education Minister Laurel Broten. "Teachers are not accepting that. So the bill puts a pause on teacher pay."

Broten said the government is open to negotiation, and that Bill 115 allows for an agreement to be reached by Dec. 31. "We began negotiating in February. Teachers walked away from the table," she said. "An agreement can be made if it reflects what we negotiated in February."

Broten said the cuts are necessary since compensation and benefits make up 85 per cent of current education spending.

"At this point we cannot afford a pay increase," she said. "I'm very disappointed teachers have put students in the middle of this."

Quoted

"They took away something we love and they love too."

Canterbury high school Grade 12 student Hunter Delorme

Bill 115

The bill freezes teachers' wages, bans strikes for two years and prevents them from banking sick days they could cash out at the end of their careers with an average payout of $46,000.

1 NEWS

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Cop-killer Gregson found guilty of raping little girl

Impact statement.
Victim asks molester to apologize, says she will forgive him

JOE LOFARO
joe.lofaro@metronews.ca

Kevin Gregson was convicted Wednesday of raping a 10-year-old girl in 2009, and the former Mountie was handed a 10-year prison sentence to go along with the life sentence he's already serving for killing an Ottawa cop.

He was charged with four counts of sexual assault causing bodily harm and four counts of sexual interference. The sexual assaults occurred twice on Dec. 24, 2009 and twice again four days later.

Moments before Justice Julianne Parfett read her decision, tears filled the courtroom as the girl, now 13, and her father read their own victim impact statements.

The girl barely finished her second sentence before she burst into tears standing just a few feet away from the man who raped her.

Ottawa Police Det. Theresa Kelm finished reading the statement on her behalf and consoled the girl as the court listened. Her words even brought tears to Parfett's eyes.

In her statement, the girl asked for an apology from Gregson for what he did.

"It doesn't have to be now, and it doesn't have to be directly to me," said Kelm. "You can even say it just to yourself, Kevin, but remember, I will forgive."

The victim's father said it was difficult to read his victim impact statement, but Wednesday's verdict helps bring some closure.

"Despite the horrific events, we've had a great experience with everyone that's been involved in the case."

Gregson will be placed on a lifetime weapons prohibition and will be placed on a sex offender's registry. He must also provide the government with a DNA sample.

Parfett also handed Gregson a lifetime non-communication order, which prohibits him from contacting the victim or her parents.

He will serve the sentence concurrently with the lifetime sentence he was given in March for killing Ottawa Const. Eric Czapnik.

Kevin Gregson is seen in this police interrogation video taken hours after he fatally stabbed Ottawa police Const. Eric Czapnik. POLICE HANDOUT

Pharmacist pleads guilty in child luring case

An Ottawa pharmacist pleaded guilty Wednesday to child luring, sexual interference and criminal harassment relating to a sexual encounter with a 14-year-old boy who placed a personal ad on Kijiji in 2008.

Charles Rak also pleaded guilty to several breach charges stemming from bail conditions after he was released.

Court heard Rak started an online relationship with an underage boy by responding to a personal ad on Kijiji.

The victim can't be named due to a publication ban.

In his victim impact statement, the victim said the experience caused him to feel depressed and take up drinking and smoking marijuana.

"I thought my life was over," he said, moving Rak to tears in the prisoner's box. "I felt like a screw-up."

The victim's mother said in her statement the ordeal caused her to have anxiety and stomach issues. She accused Rak of taking away her son's innocence.

Justice Heidi S. Levenson Polowin withheld her decision Wednesday in order to further explore how much credit to give Rak for pre-sentencing jail time.

In their joint submission, the Crown and defense asked for two years less a day in jail. The Crown also asked that Rak serve two years of probation after he is released.

Rak is expected to be sentenced Sept. 28.

JOE LOFARO/METRO

Kanata North

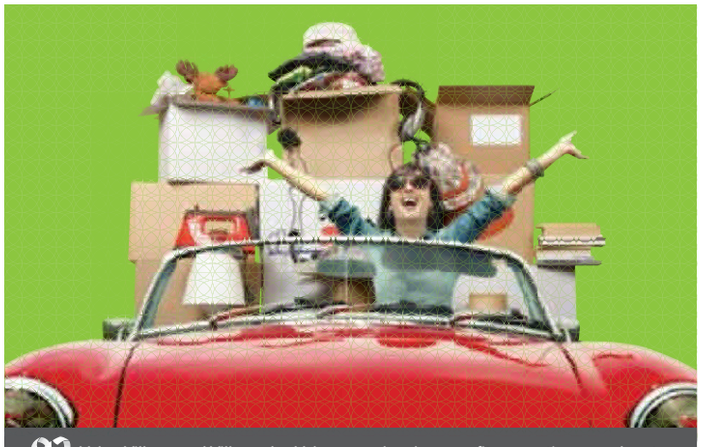
Homicide suspect spotted in Ottawa

A suspect in a Monday triple murder in Amos, Que., was spotted in Kanata North on Tuesday, say Ottawa police.

Justin Bresaw, 35, is wanted by Quebec provincial police after three bodies were found in a burned out house in Amos. He may be driving a stolen 2001 blue Honda Civic with the Quebec licence plate 788-GNC. Anyone with information are asked to contact the Surete du Quebec information center at 1-800-659-4264.

Justin Bresaw
POLICE HANDOUT

GRAHAM LANKTREE/METRO



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Sick kids all smiles as Paralympians visit CHEO

Setting an example. Athletes instil hope in children during tour of Ottawa hospital

GRAHAM LANKTREE
graham.lanktree@metronews.ca

Young sports fans at the Children's Hospital of Eastern Ontario were all smiles as Olympic and Paralympic athletes shared stories from the games as they toured Ottawa Wednesday.

"It was fun. They told me about all the things they had to go through," said 11-year-old Selina Close who was recovering from foot surgery.

An avid basketball and soccer player, Close swapped stories with Paralympic swimmer Summer Mortimer about her own foot surgeries and gold medals.

"I spent a lot of time in children's hospitals when I was younger," said Mortimer, who took home two gold medals, a silver and bronze for swimming events such as the S10 50-metre where she set a new world record.

Quoted

"I want to tell the kids that I was in the same situation as some of them when I was 15. Anything they set their mind to, they can do it."

Jason Crone, wheelchair rugby player

"I was born with a club foot," Mortimer said, adding that she needed surgeries for that including a trampoline accident in 2008 that shattered the bones in both feet. "I basically broke my arch and now I have a metal plate in my left foot."

Paralympic wheelchair rugby silver medalist Jason Crone showed off his hardware and hoped his story would bring a smile to the face of a child.

"I broke my neck playing hockey when I got hit hard from behind," Crone said. "I want to tell the kids that I was in the same situation as some of them when I was 15. Anything they set their mind to, they can do it."

Selina Close wear's Paralympic swimmer Summer Mortimer's medals at CHEO as the two commiserate about their foot surgeries. GRAHAM LANKTREE/METRO

New spaces at Carleton and in west end bring diversity

A new space at Carleton University designed by Canadian architect Douglas Cardinal and a new cultural centre in the west end will celebrate Ottawa's cultural diversity.

"Aboriginal students need to come to the school and feel comfortable," said Carleton University's aboriginal cultural Liaison officer, Irvin Hill. "Douglas Cardinal's aboriginal centre will relay aboriginality in the space itself."

Cardinal, known for the flowing, smooth lines and shapes of his design for the Museum of Civilization in Gatineau, will bring his style to a new 1,800 square-foot aboriginal centre inside the school's Paterson Hall.

"It can bring our aboriginal students and faculty back into the right frame of mind," Hill said, since they will be able to have smudge purification ceremonies where they burn sage, cedar or sweetgrass. "Finding a place to do that on campus is difficult," he said. "There's so much red tape."

Douglas Cardinal's design for a new aboriginal centre at Carleton University promises to spruce up the school's Paterson Hall. CONTRIBUTED/DOUGLAS CARDINAL

Not only is Ottawa embracing it's aboriginal community, but international cultures as well with the ground breaking for the Intercultural Dialogue Institute (IDI) set for Sept. 23.

"People who are coming to Canada from different parts of the world need help," said Dr. Yavuz Zeybek, chair of the IDI in Ottawa. "We will be providing that help to learn English and intercultural-interfaith programs, friendship dinners and meet your neighbours program."

The 12,562-square-foot building promises to provide services essential for newcomers to Canada and plans to open in July 2013, Zeybek said. GRAHAM LANKTREE/METRO

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Robbery-turned-arson

Cops charge man in gasoline theft

Here's a tip for would-be gasoline thieves — a lighter is not a good substitute for a flashlight.

Gatineau police arrested a 20-year-old man on charges of arson, mischief over $5,000 and theft under $5,000 in connection with a nearly fatal Aug. 27 blaze that destroyed four cars and damaged two others at a dealership in Buckingham, Que.

Police say witnesses say the fire started while the man and his accomplices were trying to steal gasoline and used a lighter to see what they were doing because they had no flashlight.

Pierre-Luc Bastien-Thériault appeared in court Sept. 14 and was released with several bail conditions. His next appearance will be on Nov. 22. METRO

Royal Society of Canada

Carleton U prof honoured

Carleton University sociology and anthropology prof Bruce Curtis has been elected as a Fellow of the Royal Society of Canada for "exceptional contributions to Canadian intellectual life and advancing knowledge and scholarship in Canada," the university said yesterday in a news release.

Curtis's work ranges from the history of weights and measures to contemporary regulation of youth sexuality, the politics of census-making in 19th-century Canada and the development of schooling in Quebec to the sociology of African-American music. Recognition in the RSC is the highest honour scholars, artists and scientists can achieve, the university said. METRO

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Awarded. Myanmar's Suu Kyi receives civilian honour from Congress

U.S. lawmakers united by their respect of Myanmar democracy leader Aung San Suu Kyi on Wednesday presented her with Congress' highest civilian honour in a ceremony in the Capitol Rotunda, ahead of a meeting with President Barack Obama.

Suu Kyi described it as "one of the most moving days of my life."

She was awarded the Congressional Gold Medal in 2008 while under a 15-year house arrest for her peaceful struggle against military rule.

Her long-awaited visit to America finally provided an opportunity for her to receive the honour in person in Congress' most majestic setting, beneath the dome of the Capitol and ringed by marble statues of former presidents.

THE ASSOCIATED PRESS

Historic day

"It's almost too delicious to believe, my friend ... that you are in the Rotunda of our Capitol, the centrepiece of our democracy as an elected member of parliament."

U.S. Secretary of State Hillary Rodham Clinton, paying tribute to Aung San Suu Kyi

U.S. President Barack Obama meets with Myanmar democracy leader Aung San Suu Kyi on Wednesday at the White House in Washington.

SUSAN WALSH/THE ASSOCIATED PRESS

Massive project

Feds tackle email accounts

A federal agency has launched the next phase of a massive project to consolidate hundreds of thousands of government email accounts under one umbrella.

The initiative will begin to herd some 640,000 email boxes, spread across hundreds of servers, in a bid to rationalize a balkanized system that's inefficient, costly and vulnerable to cyber attacks.

THE CANADIAN PRESS

Poker companies

Canadian pleads guilty in U.S. courtroom

A Canadian man who was the payment-processing director for two online-poker companies has pleaded guilty to conspiracy and gambling charges in the government's crackdown on the businesses.

The plea Wednesday by Nelson Burtnick, 41, came in federal court in Manhattan.

THE ASSOCIATED PRESS

Arctic-sea-ice level hits an all-time low

Dramatic changes. Arctic would be essentially free of ice by the summer of 2050, scientists say

In a critical climate indicator showing an ever warming world, the amount of ice in the Arctic Ocean shrank to an all-time low this year, obliterating old records.

The ice cap at the North Pole measured 3.42 million sq. kilometres on Sunday. That's 18 per cent smaller than the previous record of 4.17 million sq. kilometres set in 2007, according to the National Snow and Ice Data Center in Boulder, Colo. Records go back to 1979 based on satellite tracking.

"On top of that, we're smashing a record that smashed a record," said data centre scientist Walt Meier. Sea ice shrank in 2007 to levels 22 per cent below the previous record of 2005.

Ice in the Arctic melts in summer and grows in winter, and it started growing again on Monday. In the 1980s, Meier said, summer sea ice would cover an area slightly smaller than the mainland. U.S. Now it is about half that.

Man-made global warming has melted more sea ice and made it thinner over the last couple decades with it getting much more extreme this year, surprisingly so, said snow and ice data center director Mark Serreze.

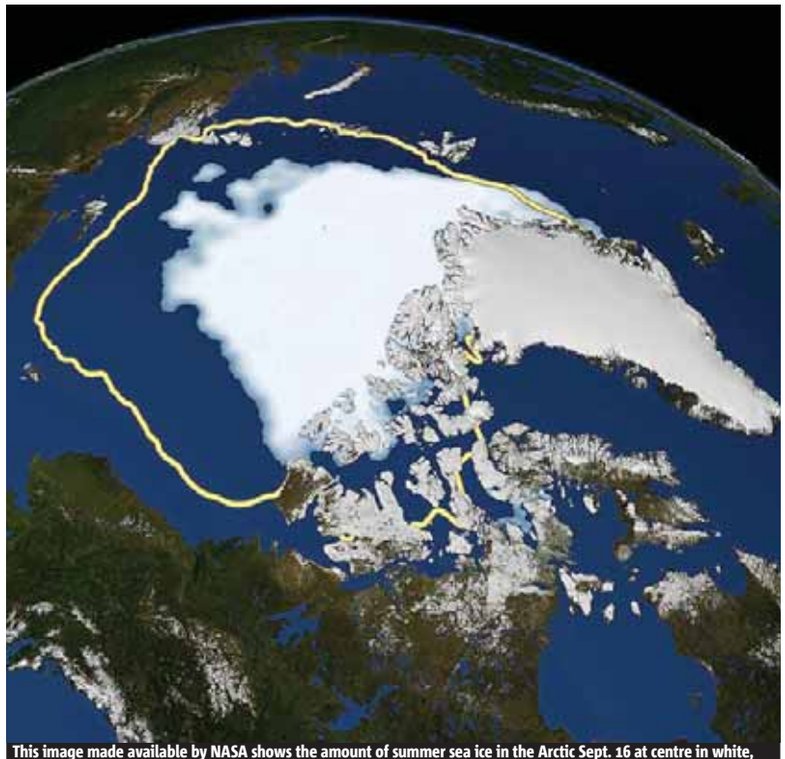
"Recently the loss of summer ice has accelerated and the six lowest September ice extents have all been in the past six years," Serreze said.

"I think that's quite remarkable."

Serreze said except for one strong storm that contributed to the ice loss, this summer melt was more from the steady effects of day-to-day global warming. But he and others say the polar regions are where the globe first sees the signs of climate change.

"Arctic sea ice is one of the most sensitive of nature's thermometers," said Jason Box, an Ohio State University polar researcher.

THE CANADIAN PRESS



This image made available by NASA shows the amount of summer sea ice in the Arctic Sept. 16 at centre in white, and the 1979 to 2000 average extent for the day shown, with the yellow line. Scientists say sea ice in the Arctic shrank to an all-time low of 3.42 million square kilometres. U.S. NATIONAL SNOW AND ICE DATA CENTER/THE ASSOCIATED PRESS

Monitoring

- **Tackling climate change.** Ottawa is bolstering its ice monitoring and Arctic meteorological services, said Environment Minister Peter Kent. And it's why Canada is pushing for countries with large emission levels to join a global pact on climate change.
- **Dealing with the melt.** "If we do reduce (emissions), we do believe we can slow (the pace of the melt)," Kent said.
- **Irreversible.** Darker ice-free waters and thinner patches of ice absorb more heat from the sun than the glistening, white sea ice. That accelerates global warming in a process that is next to impossible to reverse.

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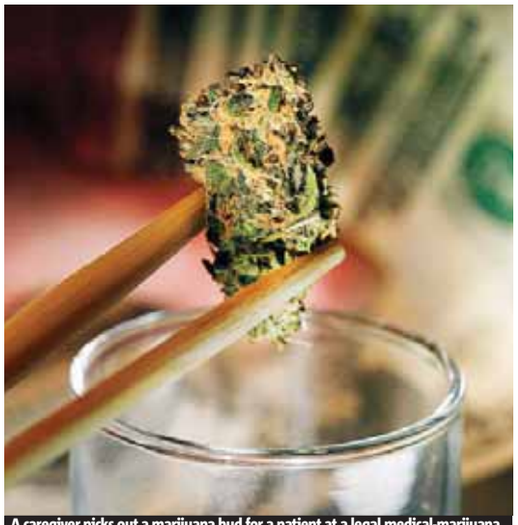

A caregiver picks out a marijuana bud for a patient at a legal medical-marijuana dispensary in Denver, Colo., on Tuesday. ED ANDRIESKI/THE ASSOCIATED PRESS

Three states considering legalizing marijuana

Tax revenues a key selling point. How feds — who consider pot illegal — will react is anyone's guess

A catchy pro-marijuana jingle for Colorado voters considering legalizing the drug goes like this: "Jobs for our people. Money for schools. Who could ask for more?"

It's a bit more complicated than that in the three U.S. states — Colorado, Oregon and Washington — that could become the first to legalize marijuana this year.

The debate over how much tax money that could produce is playing an outsized role in campaigns both for and against legalization.

Looming above that issue is how the federal government will respond, since it considers the drug illegal.

Pro-pot campaigners say legalizing marijuana could help struggling states with new taxes on the drug and reduced criminal justice costs. But state government skeptics warn legalization would lead to costly legal battles and expensive new bureaucracies to regulate the drug.

The biggest unknown: Would the federal government allow legal marijuana?

When California voters considered marijuana legalization in 2010, U.S. Attorney General Eric Holder warned that the federal government would not allow a state marijuana market in defiance of federal drug law. Holder vowed a month before the election to "vigorously enforce" federal marijuana prohibition. Voters rejected the measure. THE ASSOCIATED PRESS

As is stands

Legality of personal-use marijuana possession by state:

- **Illegal.** Alabama, Arizona, Arkansas, Idaho, Kansas, Maryland*, New Jersey, New Mexico*, North Dakota, Oklahoma, South Carolina, South Dakota, Texas, Utah, Wyoming
- **Misdemeanour.** Delaware, Florida, Georgia, Hawaii, Illinois, Indiana, Iowa, Kentucky
- **Decriminalized.** Alaska, California, Colorado, Connecticut, Maine, Massachusetts, Minnesota, Mississippi, Nebraska, Nevada, New Hampshire, New York, North Carolina, Ohio, Oregon, Virginia
- **No state-wide policy.** Louisiana, Michigan, Missouri, Montana, Pennsylvania, Rhode Island, Tennessee, Washington, West Virginia, Wisconsin

*excluding medical usage

Dangerous driving

Day parole for man who killed five

An Alberta man convicted of killing five people when he smashed his cement truck into the back of their car has been granted day parole.

Daniel Tschetter, 55, had already been spotted driving dangerously before his truck slammed into a vehicle stopped at a red light in Calgary in December 2007. The impact was so violent that pieces of the car were scattered for hundreds of metres along Macleod Trail.

He was sentenced in October 2009 to 5 1/2 years in prison for manslaughter and obstruction of justice. He is also banned from ever driving a commercial vehicle again.

Tschetter made another bid for parole Wednesday during a hearing at the Drumheller Penitentiary.

Tschetter was denied full parole, but was granted permission to live in a halfway house. THE CANADIAN PRESS

RCMP

Taser use, threats declining rapidly

An RCMP watchdog found that threatened or actual use of the Taser by RCMP officers dipped 14 per cent from 2009 — continuing a downward trend.

In addition, the Commission for Public Complaints Against the RCMP says actual firing of the Taser declined by more than one-quarter from the previous year.

The commission examined 597 reports filed by officers who either used their Taser or pulled it out of a holster.

Brewing concerns about Taser use bubbled over in 2007 when Polish immigrant Robert Dziekanski died at the Vancouver airport after being hit with an RCMP stun gun.

In spring 2010, the Mounties introduced a new Taser policy, saying they would fire them at people only when they're hurting someone or clearly about to do so. THE CANADIAN PRESS

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Cheeky Charlie spooks France

Nation on alert. Mag's crude, lewd drawings of Prophet Muhammad force French to step up security at embassies across Muslim world

Pakistan embroiled in worldwide anti-Islam film protests: A Pakistani lawyer helps a colleague who fell during a scuffle with police at a demonstration in a diplomatic enclave, an area that houses the U.S. Embassy and other foreign missions, in Islamabad on Wednesday. ANJUM NAVEED/THE ASSOCIATED PRESS

A feisty French satirical weekly forced France to step up security at its embassies across the Muslim world on Wednesday.

The paper, Charlie Hebdo, brazenly revived a formula it has already used to capture attention: Publishing crude, lewd caricatures of Islam's Prophet Muhammad.

Wednesday's issue sparked concerns that France could face violent protests, like the ones targeting the U.S. over a film produced in California, that have left at least 30 people dead.

The Charlie Hebdo drawings — some depicted Muhammad naked and in demeaning or pornographic poses — were met with a swift rebuke by the French government.

The principle of freedom of expression "must not be infringed," Foreign Minister Laurent Fabius said on French radio.

But he added: "Is it pertinent, intelligent, in this context to pour oil on the fire? The answer is no."

France ordered its embassies, cultural centres, schools and other official sites to close on Friday — the Muslim holy day — in 20 countries.

It also immediately shut down its embassy and the French school in Tunisia, the site of deadly protests at the U.S. Embassy last week.

Riot police took up positions outside the magazine's offices, which were firebombed last year after it released an edition that mocked radical Islam.

THE ASSOCIATED PRESS

Actress sues

First, riots... and now a lawsuit

An actress who appears in the anti-Muslim film that has sparked riots across the world is suing the filmmaker for fraud and slander.

Cindy Lee Garcia's lawsuit also targets Google in a bid to get the movie's trailer removed online.

The lawsuit filed Wednesday in Los Angeles claims the actress was duped by Nakoula Basseley Nakoula, the man behind Innocence of Muslims who has been forced into hiding.

The lawsuit says Garcia responded to an ad and thought she was appearing in an ancient Egyptian adventure film.

"The film is vile and reprehensible," Garcia's attorney, M. Cris Armenta, wrote in the document.

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Buenos Aires Air + 7 Nights $1468
Hotel Impala — incl $899 base + $569 taxes & fees
INCLUDES Recoleta accom. Departs Nov 18/ggv/ua.

Budapest Air + 7 Nights $1558
Mercure Budapest Duna — incl $564 base + $594 taxes & fees
INCLUDES accom on the Danube River. Departs Oct 21/ggv/kl. BONUS daily breakfast included.

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Toronto & Niagara-On-The-Lake Culinary and Wine Experience 4 Nights 5-Star $854
Fairmont Royal York Hotel, Queen's Landing — taxes & fees included
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USA

New England Fall Colours Air + 5-Day Car $498
Nu Hotel — incl $373 base + $126 taxes & fees
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Salem Halloween Family Special Air + 3 Nights + Car $509^SA
Salem Waterfront Hotel & Marina — incl $380 base + $129 taxes & fees
INCLUDES airfare from Montreal, and downtown accom during Haunted Happenings Festival. Price per person based on family of 4. Departs Oct 21/ggv/ua.

Altantic City Air + 3 Nights + Car $589
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New York Marriott Downtown — incl $520 base + $118 taxes & fees
INCLUDES Manhattan accom. Departs Dec 21/ggv/ua.

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Departs Nov 4, 12/ggv/dl.

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Labour Ministry probing gas-and-dash death

Toronto. Shell Canada says company rules forbid workers from intervening in gas-and-dash incidents

Ontario's Ministry of Labour is investigating the Toronto gas station where an attendant was run over and killed last weekend by a driver who didn't pay for his fill-up, the government said Wednesday.

"We owe it to the family to take a long, hard look at what lessons we might draw from this incident," Labour Minister Linda Jeffrey told the legislature.

Ministry officials have started a health-and-safety investigation, and will also check to see if there were any employment standards violations at the station.

"Let me be clear: the Employment Standards Act states it is illegal for an employer to dock an employee's wages for the company's lost or stolen property," said Jeffrey.

"That means that if a patron at a gas station gases and dashes, the employee cannot be docked wages for the loss to the company."

The New Democrats said they don't believe the law protecting employees from having to pay for a company's losses is being strongly enforced, and worry many workers do not know their rights in such circumstances. THE CANADIAN PRESS

Cost of the fill-up

$112

Forty-four-year-old Jayesh Prajapati was killed Saturday night after a motorist filled up his SUV with $112 worth of gas and left the Shell station without paying.

Jayesh Prajapati and his wife, Vaishali, with their son, Rishabh. Jayesh died intervening in a gas-and-dash. TORSTAR NEWS SERVICE

From coroner's office. Report urges speed-limit cut to save pedestrians

Dr. Bert Lauwers, Ontario's deputy chief coroner, speaks in Toronto on Wednesday. Lauwers released a report on pedestrian deaths with recommendations on reducing their numbers. COLIN PERKEL/THE CANADIAN PRESS

Lowering speed limits on streets in built-up areas would significantly cut down on the scores of pedestrians killed every year in Ontario, a report released Wednesday concludes.

Among its 25 other recommendations, the review by the Office of the Chief Coroner urges municipalities to adopt a "complete streets" approach that takes into account pedestrian safety, and the province to adopt a strategy aimed at making walking both safe and convenient.

"Common driving errors and common pedestrian behaviour should not lead to death and injury," said deputy chief coroner Dr. Bert Lauwers, who led the review.

"The traffic system should help users cope with increasingly demanding conditions."

The study looked at the 95 pedestrians killed in Ontario in 2010. Among its findings were that two-thirds of the deaths occurred on roads with posted speed limits higher than 50 kilometres an hour, while only five per cent occurred below that limit.

That speed kills is an inescapable fact, Lauwers said, citing statistics that show a pedestrian hit at 50 kilometres an hour is five times more likely to die than if hit at 30 kilometres an hour.

"The data are irrefutable," Lauwers said. "The higher the rate of speed at which a pedestrian is struck, the greater the chance of death."

As a result, the report urges the default limit in the province be reduced to 40 kilometres an hour — down from the current 50 — unless otherwise posted. THE CANADIAN PRESS

Pedestrian-friendly

Advocacy group supports recommendations

A pedestrian-advocacy group called the report by the Office of the Chief Coroner a "breakthrough" for walkers, and also urged implementation of the recommendations.

"Encouraging walk-friendly outdoor environments not only reduces the risk of injury or death from vehicles, it helps to decrease the 21,000 Canadian deaths per year that result from sedentary lifestyles," said Jacky Kennedy, director of Canada Walks.

Kennedy noted that provinces such as B.C., Alberta and Nova Scotia have cut speeds in school zones to 30 km/h and Ontario should follow suit. THE CANADIAN PRESS

Duchess of Cambridge

Danish weekly mag publishing topless photos of U.K.'s Kate

The top editor of a Danish celebrity weekly says his magazine will hit the streets this week with the topless photos of Britain's likely future queen.

Kim Henningsen, editor in chief of Se & Hoer, says the pictures of Prince William's wife Kate will appear in a 16-page supplement sold with Thursday's edition.

Henningsen said Wednesday they want to show Denmark's entertainment fans "what these photos are all about."

He says the magazine had been offered 240 pictures but decided only to use 60 to 70 of them. He declined to say who sold them to the weekly or how much money they paid.

The topless photos have already been widely published in France, Italy, Ireland and on the Internet. A French court has banned future publication inside France.

THE ASSOCIATED PRESS

Literature

Ephron books to be reissued

Two of Nora Ephron's early essay collections are coming back into print.

Vintage Books announced Wednesday that Crazy Salad and Scribble, Scribble will be released in a single volume on Oct. 16. Both books, long out of print, will be reissued in paperback and e-books.

The author and filmmaker died in June at age 71. She is known for films such as When Harry Met Sally... and Sleepless in Seattle and for the bestselling book I Feel Bad About My Neck. THE ASSOCIATED PRESS

Seal pups saved by B.C. nature centre's petition

Change of heart. Two six-month-old harp seal pups originally slated for death spared after DFO does 'a 360'

PHOEBE HO
For Metro

Everyone at B.C.'s Island Wildlife Natural Care Centre (IWNCC) let out a collective sigh of relief on Tuesday when the Department of Fisheries and Oceans (DFO) announced they're sparing the lives of two six-month-old harp seal pups.

DFO has "done a 360 — they really have — and I have to tip my hat to them. It's really, really hard for a big bureaucracy to turn on a dime, as you probably know," says Jackie Ballerone, a director at IWNCC. "In two short weeks, they made a really good call here. It was really 11th-hour, but they did the right thing in the end."

Animal-rights activists from all across the world have been lobbying to save the lives of Zac and Mika, who were placed at the Aquarium des Îles-de-la-Madeleine in Quebec by the DFO, and who were initially slated for death on Sept. 15.

It's a practice that's been going on for 25 years, according to Ballerone. Every year, a pair of seals are captured, put on display and released back into the ocean when tourist season ends. But this year, due to new DFO policy, which argued that the pair posed a threat to other marine mammals, they ordered the aquarium to euthanize them.

The time and location of the release have not been set yet, and Ballerone says she's not sure whether or not it will be a public release.

Quoted

"You don't have to kill an animal and do a necropsy to find out if it's carrying a disease."

Jackie Ballerone, a director at the Wildlife Natural Care Centre

One of two six-month-old harp seal pups scheduled to be euthanized on Sept. 15. The seals were saved at the 11th hour by a public outcry for the animals, including a petition with over 140,000 signatures.

COURTESY OF ISLAND WILDLIFE NATURAL CARE CENTRE (IWNCC)

Giant bubble bursts into the record books

Participants look on as a giant bubble forms around them as they attempt to break a Guinness World Record at Science World in Vancouver on Wednesday.

JONATHAN HAYWARD/THE CANADIAN PRESS

When Fan Yang gets his hands on soap water and a wand, the result isn't child's play.

This man's bubbles are ones for the record books.

The internationally renowned artist racked up his 18th Guinness World Record Wednesday by encapsulating 181 people in a giant 50-metre-long, four-metre-high soap bubble at Vancouver's Science World.

Screams of excitement followed gasps of astonishment from the volunteers as a giant bubble wall rose up and surrounded the volunteers before bursting in spectacular fashion.

The display, guided by Yang's delicate hands at the control of a pulley system and six months of preparation, only lasted a few seconds but was enough to land him yet another triumphant world record.

"It was a huge challenge, I'm very excited," said Yang. "This is such a huge bubble, really once in a lifetime. I had to prepare for six months because it's such a unique system."

Yang, whose family-run Gazillion Bubble Show has been a Broadway mainstay, says his feats evolved from a childhood obsession.

MATT KIELTYKA/METRO IN VANCOUVER

Bubbling over

Fan Yang says bubble solution can be made by mixing dishwasher liquid, baking soda and glycerin with clear water.

First female premier of Quebec sworn in

New leader. Marois officially becomes first woman to lead Quebec

Pauline Marois has been sworn in as the 30th premier of Quebec — and is the very first woman to hold the job in that province.

She also becomes the fifth current female premier of a Canadian province or territory.

Marois and her cabinet were officially sworn in Wednesday afternoon in Quebec City.

The daughter of a garage mechanic and a teacher, Marois has held a number of powerful political roles in a 30-year career that has seen her run most of the largest provincial ministries.

Marois had to be whisked off the stage during her victory speech when a gunman approached the assembly hall and shot two people, killing a stage technician.

Marois was held to a minority in the Sept. 4 vote; her margin of victory was less than one percentage point in the popular vote and four seats in the legislature.

That minority status makes it all but impossible for her Parti Québécois government to hold an independence referendum.

THE CANADIAN PRESS

Mandate

Marois is set to seek parts of her agenda this fall.

- **Language.** She has called tougher language laws a top priority.
- **Power.** She may also battle Ottawa for more provincial powers.

Quebec Premier Pauline Marois after being sworn in on Wednesday.
THE CANADIAN PRESS/JACQUES BOISSINOT

Election-night shooting. Accused gunman speaks out from jail hospital

The accused killer who allegedly ruined the Parti Québécois election-night celebration is speaking out from his jailhouse — just as the new government is being sworn in.

Montreal radio station CJAD reported that Richard Henry Bain phoned its newsroom from his prison infirmary on Wednesday to say that he believes the city should separate from the province.

It says they interviewed him for half an hour, but chose to only run a brief snippet.

In a clip that aired, Bain is heard sharing his view that Montreal should separate from the rest of Quebec because, in his opinion, that might help ensure greater peace between anglophones and francophones.

"My vision is that the island of Montreal separate to become its own province," Bain said.

The radio station says Bain placed the call without his lawyer's knowledge.

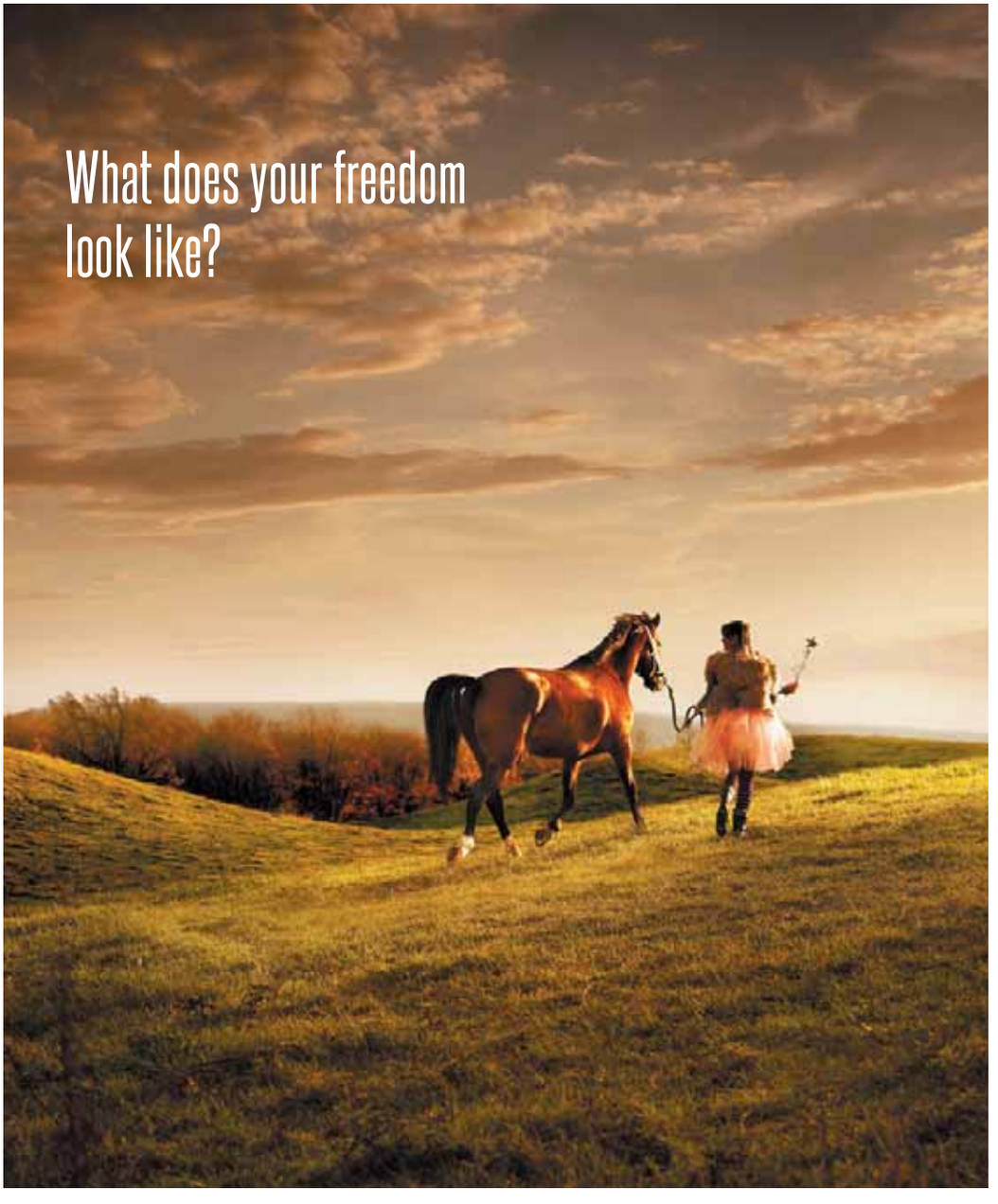
The businessman faces a charge of first-degree murder in connection with the shooting that took place only metres from where the PQ premier-designate Pauline Marois was giving her victory speech.

One man was killed and another was wounded.

THE CANADIAN PRESS

Jean Charest exits office

Outgoing Quebec Premier Jean Charest waves goodbye as he leaves the lieutenant-governor's office Wednesday at the legislature in Quebec City. New premier Pauline Marois was sworn in later in the afternoon. JACQUES BOISSINOT/THE CANADIAN PRESS



Protesters show rage over prison abuse video

Culprits to be punished. Video showing prisoners being raped with police truncheons and broom handles spark street protests

Videos showing the abuse of prisoners in Georgia have sparked street protests and an exchange of harsh accusations between the government and the opposition ahead of parliamentary elections.

Hundreds of protesters blocked traffic in the centre of the capital, Tbilisi, in the overnight hours after two television stations aired graphic videos Tuesday of guards abusing prisoners, including the footage in which prisoners are raped with police truncheons and broom handles.

President Mikhail Saakashvili, whose party is facing a tough opposition challenge in the Oct. 1 parliamentary elections, quickly pledged to punish all the culprits and completely reshuffle prison personnel. A cabinet minister in charge of the country's penitentiary system stepped down, and prosecutors said they arrested 12 prison officials in the case.

The president discussed the incident with government officials, saying that hundreds of prison guards in all Georgian prisons would be temporarily suspended pending an official probe and immediately replaced by police. He said the nation's penitentiaries have suffered a "systemic failure." Officials blamed Saakashvili's foes for the videos.

THE ASSOCIATED PRESS

High-level outrage

"Everyone who has masterminded it, everyone who has perpetrated it, everyone who has done it and allowed it to happen deserves the strictest — I repeat, the strictest — punishment."

Mikhail Saakashvili, president of Georgia

Space shuttle Endeavour heads to retirement in L.A.

Joey Morrison adjusts his space helmet after watching the shuttle aircraft carrier, a modified 747, with space shuttle Endeavour atop, land Wednesday in Houston. Endeavour is off to the California Science Center in Los Angeles, where it will be permanently displayed. DAVID J. PHILLIP/THE ASSOCIATED PRESS

Romanian bear attacks

Two men killed, others injured in separate attacks

A man was killed by a bear in the woods outside a Romanian village, the second fatal bear attack in the area. A rescue official said the latest victim, a man, 64, was found dead on Wednesday, 100 km northwest of Bucharest. A man, 71, was found dead Saturday, and two people were injured after being attacked the same day.

THE ASSOCIATED PRESS

L.A. murder trial

Chef boiled his dead wife's body for four days

A chef on trial for his wife's murder told sheriff's investigators that they couldn't find his wife's body because he had cooked it for four days in boiling water until little was left but her skull. Los Angeles Superior Court jurors on Tuesday heard David Viens make the statements in a taped interview. THE ASSOCIATED PRESS

Anti-Semitic attack

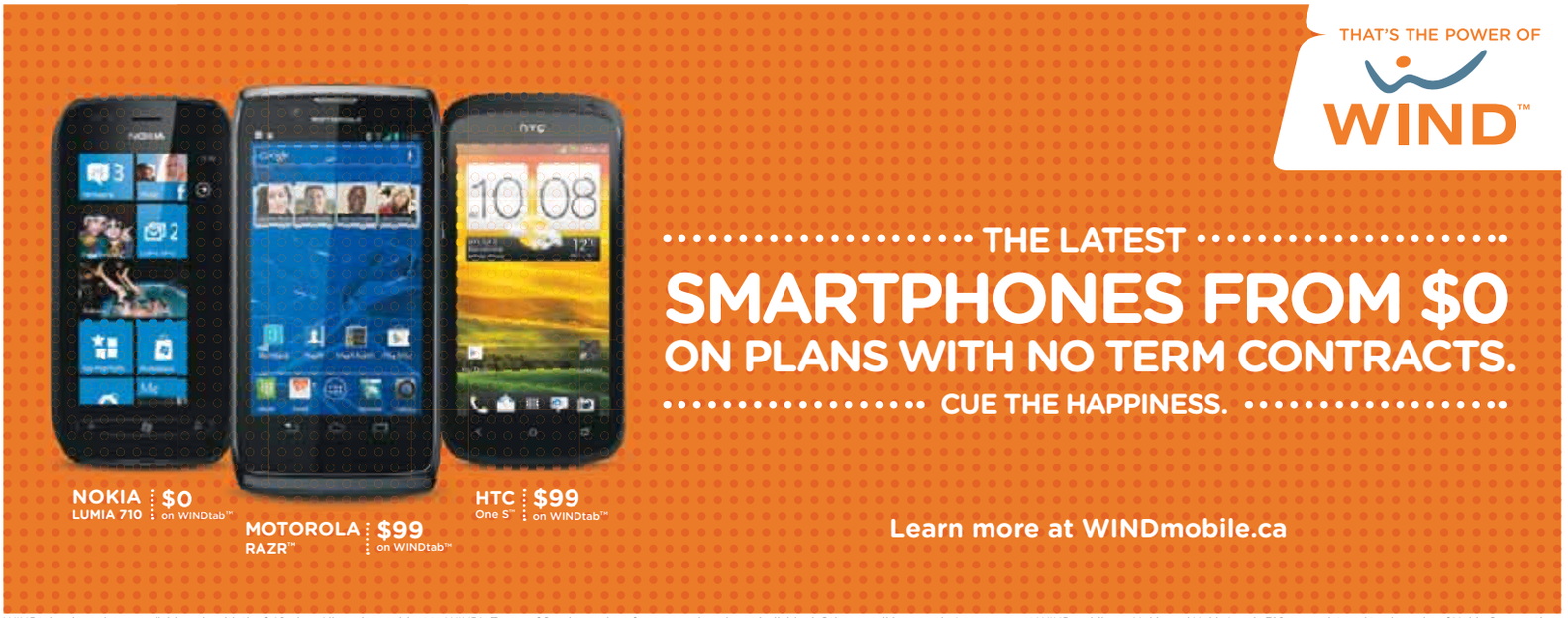
Bomb explodes in kosher grocery in Paris suburb

A small package bomb exploded inside a kosher grocery store in a Paris suburb Wednesday, wounding at least one person, according to an agency that tracks anti-Semitic attacks in France. The reason for the attack was unclear, but it rattled nerves amid global tensions surrounding a U.S.-produced film insulting to Islam. THE ASSOCIATED PRESS

Presidential horse race

Obama and Romney tied

A new poll shows U.S. President Barack Obama and Republican challenger Mitt Romney still in a virtual tie with the Nov. 6 election weeks away. But in a good sign for Obama, voters expressed more optimism about the economy. The poll was taken before the furor over secretly taped remarks Romney made. It shows 47 per cent back Obama, and 46 per cent support Romney. THE ASSOCIATED PRESS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Waves of refugees crowd South Sudan

Tens of thousands of people have already swarmed to a refugee camp in South Sudan and community chiefs expect a new wave to soon begin the trek from Sudan's war-torn Nuba Mountains, setting up what humanitarian workers warn could become a catastrophe.

As many as 15,000 more refugees could stream across the border from Sudan by the end of the year, straining a camp that has been hit by malaria and diarrhea, with many people arriving malnourished, said the UN refugee agency UNHCR.

"We are already stretched to the breaking point here, and any surge or increase in the population will make it nearly impossible to cope with the situation," UNHCR's Kathryn Mahoney told The Associated Press.

Yida sits near the northern tip of South Sudan's Unity State near the border with Sudan. It is a remote region in one of the world's least developed countries. Recent rains have made roads impassable, and the World Food Program has been forced to drop food from the sky to meet the camps' needs. For the past week, large Ilyushin jets have screamed over the camp, dropping 64 metric tons each day from a height of 200 metres (yards). The cheers of refugees — and some aid workers — watching the spectacle accompany each drop.

The population of Yida rose since February from 17,000 to 65,000 by September. From mid-June through mid-July, around 1,000 new arrivals came each day, along with a rash of death and disease that one Medecins Sans Frontieres (Doctors Without Borders) official described as "five weeks of hell." According to MSF, around two people per every 10,000 in the camp were dying each day.

THE ASSOCIATED PRESS

A child lies with his mother while resting at a Doctors Without Borders feeding centre in South Sudan last week. MACKENZIE KNOWLES-COURSIN/THE ASSOCIATED PRESS

Israel

Israel warns Iran on nuclear threats

A senior Israeli official warned Iran Wednesday to stop its "direct and blunt threats" against his country, telling a 155-nation nuclear conference the Jewish state is ready to defend itself against any nation that menaces its existence. Israeli nuclear chief Shaul Chorev avoided any suggestion that his country was contemplating a military strike on Iran's nuclear facilities — a scenario that Israeli Prime Minister Benjamin Netanyahu is suggesting may be necessary to stop what he says is Tehran's path toward atomic arms. THE ASSOCIATED PRESS

Japan

Japan wavers on nuclear power phase-out

Japan's Cabinet stopped short of a commitment Wednesday to phase out nuclear power by 2040, backtracking from an advisory panel's recommendation in the face of opposition from pro-nuclear businesses and groups. The decision came on the same day that Japan launched a new nuclear regulatory body to replace an agency whose links to the nuclear industry reportedly contributed to last year's disaster at the Fukushima Dai-ichi nuclear plant.

THE ASSOCIATED PRESS

She's rollin' in Golan

An Israeli female soldier sits on top of an armoured personnel carrier during a military exercise in the Israeli-controlled part of the Golan Heights, captured from neighbouring Syria in the 1967 war, Wednesday.

ARIEL SCHALIT/THE ASSOCIATED PRESS

Democrats malign Romney for his latest public-relations disaster

U.S. Election.
Republicans weary as Mitt Romney's string of summer blunders weakens his campaign

Republican presidential candidate Mitt Romney poses for pictures with supporters, before boarding his campaign charter plane at Love Field in Dallas, Wednesday. G.J. MCCARTHY/THE ASSOCIATED PRESS

Republicans are in apparent panic mode in the wake of Mitt Romney's very bad summer, particularly over the latest firestorm engulfing his campaign after he was secretly filmed deriding almost half of Americans as government mooches.

Several Senate Republicans in tight battles against Democrats were quick to publicly distance themselves from Romney's four-month-old remarks that the 47 per cent of Americans who don't pay income tax are freeloaders who expect Uncle Sam to take care of them.

In fact, most of those 47 per cent don't make enough money to pay income tax or are seniors or military veterans on government assistance. They also pay payroll and other taxes.

Romney was attempting to explain to the US$50,000-a-plate fundraiser why a certain segment of Americans won't vote for him.

On the campaign trail on Wednesday, Romney once again took pains to explain himself.

"(Obama) really believes in what I'll call a government-centred society," he said in Atlanta, accusing Obama of advocating the redistribution of wealth in America. "I know there are some who believe that if you simply take from some and give to others, then we'll all be better off. It's known as redistribution. It's never been a characteristic of America ... I believe the way to lift people, and help people have higher incomes, is not to take from some and give to others but to create wealth for all."

Nonetheless the silence was deafening on the Senate floor on Wednesday when Democrats maligned Romney for his latest public relations disaster. Republican senators offered up no defence of their candidate for the White House.

"This week we learned that Mitt Romney only wants to be president of half of the United States," said Senate majority leader Harry Reid, a thorn in Romney's side ever since he alleged in the same chamber earlier this summer that the millionaire presidential hopeful didn't pay income tax for 10 years.

"He'll only worry about how the other half lives, I guess."

THE ASSOCIATED PRESS

Quoted

"He'll only worry about how the other half lives, I guess."

Senate majority leader Harry Reid
On how he assumes Mitt Romney is bent on leading only the wealthier half of the United States.

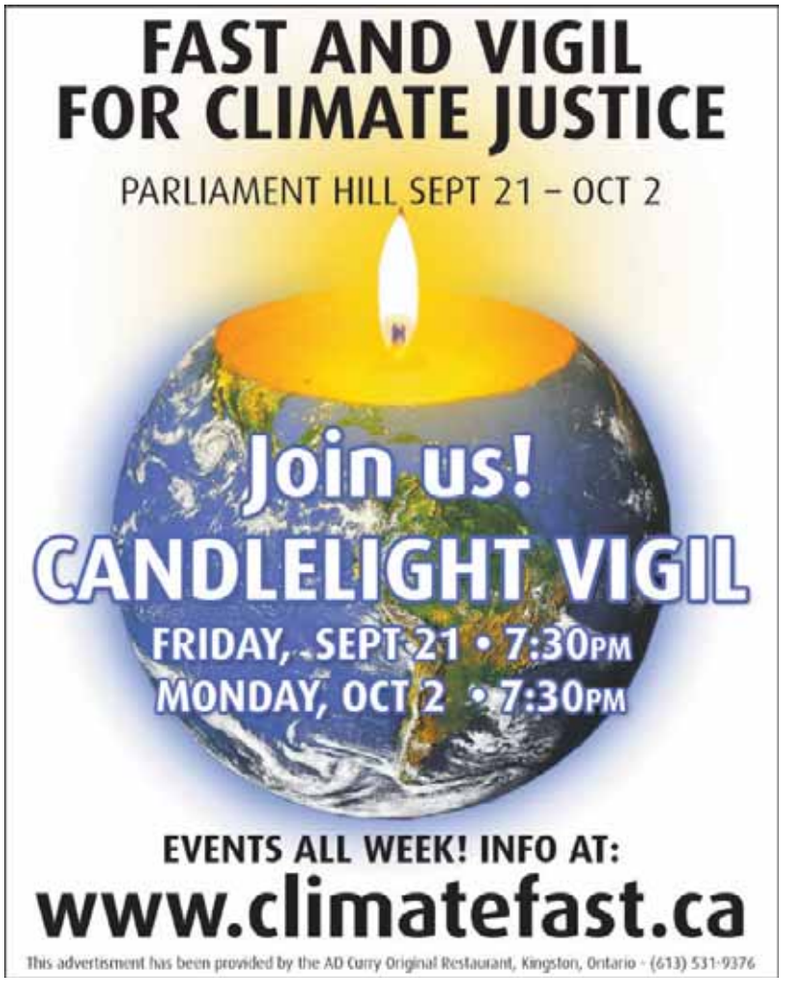
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Photo op: Mars' Curiosity Rover wows earthlings

This photo, from yesterday, provided by NASA shows a rock about 2.5 metres in front of the Curiosity rover on Mars. JPL-CALTECH/THE ASSOCIATED PRESS

On Mars, a partial eclipse of the sun isn't quite as rare as on Earth. So NASA's Mars Curiosity rover is snapping hundreds of pictures of the spectacle for the folks back home to ooh and aah over.

Two moons zip around the red planet and they're closer and faster than our lumbering moon, so eclipses are more common. Scientists say there's even somewhat of an eclipse season on Mars, and it's that time of year when those Martian moons take turns taking bites of the sun.

Curiosity turned its cameras skyward to watch the action in three different eclipses, starting last week and continuing Wednesday, when a moon partially slipped between Mars and the sun.

The rover has been beaming back a stream of photos of the Martian landscape since landing near the equator last month.

Texas A&M University scientist Mark Lemmon said the eclipse pictures will help scientists track the fate of the larger Martian moon, Phobos, which is slowing down in its orbit around Mars. In 10 to 15 million years, Phobos will get so close to Mars it will break up and crash into the planet.

These moons aren't mere curiosity factors. They get so close to Mars that "they change Mars' shape ever so slightly" with their pull, Lemmon said.

Past rovers have taken pictures of solar eclipses from Mars, but not with such good cameras that take high resolution photos and so many shots that it produces a movie of sorts, Lemmon said.

And now that Curiosity has gazed skyward, it's time for the Mini Cooper-sized spacecraft to focus on the ground. On Friday, Curiosity will test its first rock with a laser and other chemical testing kits on the end of its robotic arm.

Its first target is a pyramid-shaped dark rock, about 10 inches tall and 16 inches wide at the base. Two of the arm's chemical-sniffing devices will snuggle up against the rock — named for Jake Matijevic, a Mars rover engineer who died recently — so scientists can figure out what it is made of.

THE ASSOCIATED PRESS

Mirjana Markovic, wife of former Yugoslav president Slobodan Milosevic, arrives to visit Milosevic in prison in Belgrade, Serbia, in 2001. Milosevic died in 2006 while on trial at a UN war crimes tribunal. DARKO VOJINOVIC/THE ASSOCIATE PRESS FILE

Milosevic's widow, son welcome to return, Serbia says

Exiles. Autocrat's family who took refuge in Russia encouraged to come home now that his party is back in power

Slobodan Milosevic's widow and son should return from their exile in Russia now that the late autocrat's allies have returned to power in the Balkan country, a senior Serbian official said Wednesday.

Milosevic's widow, Mirjana Markovic, and son Marko Milosevic fled to Russia after Serbia's wartime leader was ousted in 2000. They have been granted refugee status there, despite warrants for their arrest issued by the former pro-Western Serbian government, which was defeated by nationalists in elections in May.

Both Markovic — who was an influential leftist official during Milosevic's reign — and Marko Milosevic are still officially wanted by Belgrade for alleged cigarette smuggling worth millions of dollars during international sanctions imposed on Serbia during the '90s.

Although he did not say whether the charges will be dropped, Serbia's government minister Milutin Mrkonjic said he hoped they would "finally" return.

"I hope we'll now finally finish that job," Mrkonjic, of Milosevic-founded Socialist Party, told Belgrade's B-92 radio. "They believe they are not responsible on the charges they have faced in Serbia."

The Kremlin is a close ally of the ruling Serb nationalists.

THE ASSOCIATED PRESS

British Columbia

Mexican charged in $1M ecstasy bust

Langley, B.C., RCMP have seized an estimated $1 million in ecstasy from a man who tried to jump the Canada/U.S. border. Around 9 p.m. Tuesday, Mounties found a 30-year-old man hiding in a ditch on the Canadian side of the border. The suspect was arrested after a brief chase and 20 kilograms of MDMA was found in two duffle bags nearby. Samuel Lopez-Rios of Mexico is now in custody facing various drug-trafficking and possession charges and returns to court on September 27.

THE CANADIAN PRESS

Neo-Nazis. New German database links all info on right-wing extremists

German authorities have launched a new database that links intelligence gathered by three dozen agencies as part of an effort to prevent a repeat of failures that allowed a murderous group of neo-Nazis to operate for years without being caught. Interior Minister Hans-Peter Friedrich said Wednesday the database brings together information from federal police, domestic and military intelligence, and details from each of the 16 state intelligence agencies.

Security services have faced scathing criticism for not catching the National Socialist Underground as its three members allegedly killed ten people from 2000 to 2007 — even though all were being sought during the time for other crimes. They were only discovered in November when two members were found dead in a murder-suicide after a botched bank robbery.

THE ASSOCIATED PRESS

Murdered

10

Number of people allegedly killed by three extremists from 2000 to 2007.

Killer storm cuts swath across Paraguay

South America. Winds topping 100 km/h hit Paraguay, Brazil, Argentina and Uruguay with heavy rains

A powerful storm killed five people and injured 81 in Paraguay as it blew across the southern cone of South America on Wednesday, ripping roofs off ramshackle homes and leaving thousands of people without shelter.

No deaths were reported outside Paraguay, but power outages were widespread and many people had to be removed from the area as rivers overran their banks and coastal areas flooded.

Wind gusts reached above 100 km/h and heavy rains hit Paraguay, southern Brazil, northern Argentina and Uruguay.

Near Paraguay's capital, Asuncion, four soldiers died and 14 were injured when their dormitory roof caved in, and a falling sign killed a teenage girl outside a shopping centre in the suburb of Mariano Roque Alonso.

Tin roofs littered the streets of the suburb after the storm blew through, and Mayor Heriberto Marmol said that "a large part of the city needs to be reconstructed."

Paraguay's interior minister, Carmelo Caballero, said the national emergency office would donate materials so that people can rebuild.

Meteorologist Eliana Klering in Brazil said the cold front caused heavy downpours and flooding, with winds that "reached 100 km/h and ripped tiles off roofs."

Uruguay's government closed shopping malls and shut down its ports as a precaution, suspending ferry service to Argentina's capital of Buenos Aires.

The wind broke windows in several buildings in Uruguay's capital and toppled about a hundred trees. Three of the country's highways were cut off by flooding.

The low-pressure system also sucked humidity from northwestern Argentina.

Conditions combined to spark at least eight wildfires.

THE ASSOCIATED PRESS

'Terrible wind'

"All the lights went out and the wind began to blow, but this wind we thought it was a hurricane. It lasted about two minutes. It was terrible." Andres Caballero, shopper

Officers inspect a Paraguayan Army Logistic Command dormitory where four cadets were killed when the roof caved in. THE ASSOCIATED PRESS

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U.S. pressured to set standards for arsenic in rice

Consumer Reports. FDA released 200 samples of rice products containing inorganic arsenic after a magazine released its own report

Rice grows near Alicia, Ark. THE ASSOCIATED PRESS

Consumer groups are pressuring the U.S. Food and Drug Administration to set federal guidance on allowable levels of arsenic in rice, prompting the agency to consider possible new standards.

So far, FDA officials say they have found no evidence that suggests rice is unsafe to eat. The agency is studying 1,200 samples of grocery-store rice products — short- and long-grain rice, cereals, drinks and even rice cakes — to measure arsenic levels.

Arsenic is naturally present in water, air, food and soil in two forms, organic and inorganic. According to the FDA, organic arsenic passes through the body quickly and is essentially harmless. Inorganic arsenic — the type found in some pesticides and insecticides — can be toxic and may pose a cancer risk if consumed at high levels or over a long period.

The agency on Wednesday released 200 of the expected 1,200 samples after the magazine Consumer Reports released its own study and called for federal standards for arsenic in rice. The FDA will not complete its study until the end of the year, FDA commissioner Margaret Hamburg said.

"Our advice right now is that consumers should continue to eat a balanced diet that includes a wide variety of grains — not only for good nutrition but also to minimize any potential consequences from consuming any one particular food," she said.

The FDA's analysis showed average levels of 3.5 to 6.7 micrograms of inorganic arsenic per serving, while Consumer Reports found levels up to 8.7 micrograms. Consumer Reports tested 223 samples, 23 more than the FDA.

THE ASSOCIATED PRESS

Olympians get hero's welcome on the Hill

Prime Minister Stephen Harper presents Olympic kayaker Adam van Koeverden with the Diamond Jubilee medal during a ceremony in the Senate on Parliament Hill in Ottawa on Wednesday. ADRIAN WYLD/THE CANADIAN PRESS

Anti-Islamic film

Rushdie dismisses new death threat

A semi-official Iranian religious foundation headed by Ayatollah Hassan Saneii has raised the bounty for Salman Rushdie from $2.8 million to $3.3 million after recent protests against an anti-Islamic film that led to riots around the Middle East. THE ASSOCIATED PRESS

Computer hacking

Former Toyota worker charged

A computer programmer from central Kentucky who once did contract work for Toyota has been charged with hacking into and damaging computers used by the automobile maker. The FBI charged Ibrahimshah Shahulhameed of Georgetown, Ky. THE ASSOCIATED PRESS

Border breach?

Palestinians arrested in B.C.

Canada Border Services officials are travelling to Kamloops, B.C., to speak to four people after a possible security breach at the Canada-U.S. border south of Vancouver. Kamloops RCMP say two Palestinian men were arrested there Tuesday evening. THE CANADIAN PRESS

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Soldier thrown away 'like a tissue paper,' panel told

Dramatic testimony. No one checked up on suicidal Afghan veteran, his buddy tells military commission

A former soldier says the military failed to keep a close enough eye on a suicidal Afghan vet the day he killed himself.

Kirk Lackie testified Wednesday at the Military Police Complaints Commission inquiry into Cpl. Stuart Langridge's death.

The inquiry was called following complaints from Langridge's family that the investigations into his suicide were botched. "The truth has not been told," Lackie said at the close of an emotional testimony.

Lackie said everyone on the base knew about Langridge's struggles with addiction, but dismissed them.

"There's a saying: The army uses you like a tissue paper," Lackie said.

"As soon as they're finished with you, like a tissue paper they throw you away.

"And Stu, was to them, a really dirty tissue paper.

"They threw him away, but they just didn't want to throw him away, they wanted to scoop him under the carpet."

Langridge was found hanging at Canadian Forces Base Edmonton in March 2008.

Lackie was released from the military in 2010.

Over those years, he testified, he tried to tell military personnel what happened the day of Langridge's death but no one ever contacted him. He was finally interviewed last week.

THE CANADIAN PRESS

Quoted

"I want Stu's ma and everybody to know the truth."

Kirk Lackie,
testifying in Ottawa on Wednesday.

Veteran Kirk Lackie testifies Wednesday. The Crown opposed his appearance on the stand because of a series of run-ins with the law.

SEAN KILPATRICK/THE CANADIAN PRESS

Scholars in a tizzy. Did Jesus have a wife ... or maybe a female disciple?

Was Jesus Christ married? Is a scrap of papyrus suggesting he had a wife authentic?

The questions were talking points among scholars — not to mention ordinary folk — on Wednesday.

Scholars questioned the authenticity and significance of a discovery by a Harvard scholar who reported that a fourth-century fragment of papyrus provided the first evidence that some early Christians believed Jesus was married.

Karen King, a professor at Harvard Divinity School, announced the finding Tuesday at an international congress on Coptic studies in Rome.

Is it a forgery?

The fragment of papyrus is tiny, measuring four centimetres by eight centimetres, about the size of a small cellphone.

- **Named.** The text, written in Coptic, contains a dialogue in which Jesus refers to "my wife," whom he identifies as Mary.

Coptic linguist Wolf-Peter Funk said there were "thousands of scraps of papyrus where you find crazy things."

THE ASSOCIATED PRESS

Bliss in Berkeley

A landmark day for bisexuals

Berkeley, Calif., has become what is thought to be the first U.S. city to officially proclaim a day recognizing bisexuals.

The city council unanimously declared Sept. 23 as Bisexual Pride and Bi Visibility Day.

Since 1999, bisexuals have claimed the date, and bisexual-pride events are held in Los Angeles, Boston, Chicago and other cities.

But Berkeley is believed to be the first city that has taken the step of formally acknowledging the day.

THE ASSOCIATED PRESS

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Families

9.4M

Canada was home to 9,389,700 "census families" — married or common-law couples, or single parents — in 2011, 5.5 per cent more than in 2006.

Common-law couples

16.7%

For the first time, there were more common-law couples in Canada — 16.7 per cent of all census families — than single-parent families, at 16.3 per cent.

Same-sex couples

42.4%

Same-sex marriage nearly tripled as same-sex couples grew by 42.4 per cent. Same-sex common-law couples grew 15 per cent, compared with 13.8 per cent for opposite-sex common-law couples.

Single parents

8%

Single fathers grew by 16.2 per cent, compared with six per cent for single mothers, as lone-parent families grew eight per cent since 2006. Single mothers still constitute 80 per cent of single-parent families.

Stepfamilies

12.6%

Stepfamilies, counted for the first time in 2011, composed 12.6 per cent of Canada's 3.7 million couples with children. Nearly 60 per cent were "simple" stepfamilies: families in which the children are the biological or adopted offspring of only one parent.

Foster children

29.5K

The census counted 29,590 foster children aged 14 and under living in private households.

Empty nesters

44.5%

The number of couples without children at home (44.5 per cent) continued to outpace those couples with kids living at home (39.2 per cent).

Exclusively online

- Find out where Canada's highest proportions of single women and men are, the city with the largest number of same-sex marriages and more ab your area on our inte active map at metron ca

From same-sex couples and single dads to foster kids and empty nesters, the "new normal" of the Canadian family is as diverse as the country itself, Statistics Canada reports. THE CANADIAN PRESS/TORSTAR NEWS SERVICE

GROUNDSHIFT FOR THE

2011 census. There's no such thing as a 'typical' Canadian family, a new report from Statistics Canada shows

The nuclear family is no longer the norm in Canada.

The mom-pop-and-three-kids-under-one-roof model that typified Canadian households of 50 years ago has morphed into a complex and diverse web of family ties involving living alone, remarriage, stepchildren, empty nesters and several generations sharing a home.

Statistics Canada has released the third tranche of new data from its 2011 census, this time portraying the changes in Canadian families and living arrangements over five decades.

Married couples are in a long-term decline, the number of single parents has risen and the size of families has shrunk. In 1961, the average family was 3.9 people, when the baby boom was in full swing. Now it's 2.9.

"We do see more complexity and definitely more diversity in families," Statistics Canada demographer Anne Milan said.

For the first time, Statistics Canada says there are more people living alone in Canada than there are couples with children. One-person households now make up 27.6 per cent of all homes, a three-fold increase since 1961.

Meanwhile, couples with children have continued their decline, down to 26.5 per cent of all households, from 28.5 per cent in 2006.

Just 10 years ago, couples with children under 24 years old made up 43.6 per cent of all families (not including one-person households), by far the most typical kind of family.

Now, parents with children make up just 39.2 per cent of families, and a rising proportion of those parents are not officially married.

For the first time, Statistics Canada zeroed in on children living in foster homes and blended families. In a national count of foster children, the agency revealed there were 29,590 of them under the age of 14 in 2011. A measure of the number of stepfamilies showed that one in 10 children now lives in some sort of blended family.

In 2011, the most typical family was a couple with no children, continuing a pattern spotted in 2006. Statistics Canada found that 44.5 per cent of families have no kids at home, partly reflecting the aging of the baby-boomer bulge, the leading edge of which has started turning 65.

"The modern family is changing, and I think it's a wonderful thing," said Shannon Kennedy, an Ottawa-based wedding planner who finds herself on the front lines of fluctuating living arrangements on a daily basis.

"The rules of a nuclear family just don't apply any more."

The wide variety of family ties is throwing Kennedy for a loop. Emily Post, the guru of etiquette for most of the 20th century, is no longer of much help, she said.

"You don't necessarily have two families. In some cases, you have four families coming together at a wedding.

"Any scenario where you get more than one mom involved, you have to kind of juggle that," she said with a chuckle.

"The best thing about modern weddings is, there are no rules."

THE CANADIAN PRESS

Adulthood, interrupted: 'Boomerang kids' are an ongoing trend: Census

It's the home-game grudge match of the 21st century: The baby boomers versus the boomerang kids. And the kids, it seems, are winning.

Canada's nests aren't quite as empty as they were thought to be, data from the 2011 census shows. Some 42.3 per cent of young adults aged 20 to 29 are living with their parents, down slightly from 42.5 per cent in 2006, but still well above the level of 26.9 per cent in 1981.

Christina Newberry was one of them — twice. First, when she was 21, newly graduated from university and trying to find her way in the world. Then again, eight years later, she went back to get her bearings in the midst of a divorce.

"My parents' house became a place to sort of take a chance to regroup and figure out what was next," said Newberry, a Vancouver-based author and freelance writer. "It wasn't even a financial issue, because by then I had a good job and could take care of my own bills. It was more just needing to figure out what to do next."

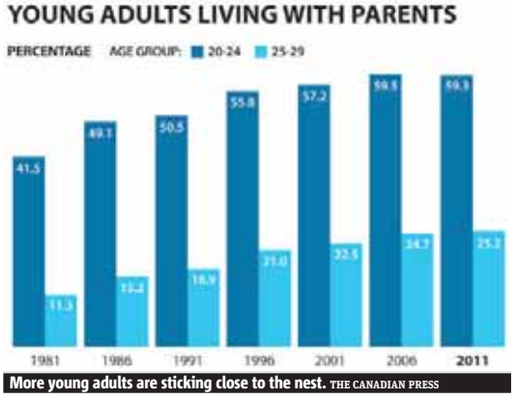
While many young adults in their early 20s stay at home while in college or university — mainly due to a lack of money — those closer to 30 who opt to return tend to do so after a traumatic moment in their lives, such as the breakup of a relationship or the loss of a job, Newberry said. They usually stay just long enough to get back on their feet.

Social attitudes toward young adults living with their parents are changing dramatically, said Rod Beaujot, a demography professor at the University of Western Ontario in London, Ont.

"There's the greater acceptability of living with parents when you're older — on the part of the parents, on the part of young people," Beaujot said.

"In the past, living at home was quite constraining on children, because they had to live under their parents' supervision. I think parents are much more open to children having their own life, including, of course, their own love lives, even if they're living at home."

THE CANADIAN PRESS



More young adults are sticking close to the nest. THE CANADIAN PRESS

Full house

The "failure-to-launch" phenomenon is alive and well in Canada, the 2011 census suggests.

- The census found 25.2 per cent of young adults between the ages of 25 and 29 living at home in 2011, up slightly from 24.7 per cent in 2006 — and more than twice the percentage in 1981.
- The number of young adults between the ages of 20 and 24 who lived with their parents remained virtually unchanged from the last census — down to 59.3 per cent in 2011 from 59.5 per cent in 2006.
- Young men are more likely than young women to live at home, Statistics Canada said. One possible reason, the agency suggested, could be because women tend to get into relationships earlier than men, so they move out sooner to start their own households.

FAMILY

FAMILIES BY PROVINCE

	CENSUS FAMILIES	% MARRIED	% COMMON LAW	% LONE PARENT	AVG. # KIDS AT HOME	% PEOPLE LIVING ALONE
CANADA	9,389,700	67.0	16.7	16.3	1.8	27.6
N.L.	159,385	71.7	12.9	15.3	1.6	22.2
P.E.I.	40,850	72.7	11.2	16.1	1.7	25.1
N.S.	270,065	68.5	14.3	17.3	1.7	27.9
N.B.	224,590	67.0	16.0	16.3	1.6	26.0
QUE.	2,203,630	51.9	31.5	16.6	1.7	32.2
ONT.	3,612,205	72.3	10.9	16.7	1.8	25.2
MAN.	327,875	71.0	11.9	17.1	1.9	28.2
SASK.	285,370	71.1	12.5	16.4	1.9	27.9
ALTA.	999,530	72.0	13.6	14.5	1.8	24.7
B.C.	1,238,155	71.7	13.0	15.3	1.7	28.3
YUKON	9,330	54.4	25.1	20.5	1.7	30.7
N.W.T.	10,930	50.0	28.7	21.3	1.9	23.6
NUNAVUT	7,760	39.1	32.7	28.3	2.3	18.2

New census data from Statistics Canada prove there is no such thing as a "generic" Canadian family. The numbers have significant implications for policy makers and social scientists who design programs for foster children, stepkids, single mothers and fathers, senior citizens living alone, "boomerang kids" living with their parents and all the other variations of modern family life. THE CANADIAN PRESS

Same-sex marriage. More gay couples exchanging wedding vows

Seven years after Ottawa gave its blessing to same-sex marriage, it's clear Canada's gay and lesbian couples have been seizing the wedding day.

Same-sex marriage nearly tripled between 2006 and 2011, while the number of same-sex couples jumped 42.4 per cent during the same five-year period, Statistics Canada says.

The agency counted 21,015 married gay and lesbian couples and another 43,560 in common-law relationships. The number is a sizable jump from the 2006 census, which counted same-sex couples for the first time and enumerated 45,350 of them — 7,465 married and 37,885 common-law.

Wider societal acceptance has likely played a role in the rising numbers, said demographer Rod Beaujot of the University of Western Ontario in London, Ont.

"It's become more acceptable for people to declare their relationships, including on the census," Beaujot said.

THE CANADIAN PRESS

Data glitch

Oops — just friends

An unexpectedly high number of same-sex marriages in places like the oilpatch left census-takers scratching their heads — until they realized many of the "couples" were only splitting the rent.

As a result, Statistics Canada said Wednesday, the agency may have overestimated by as many as 4,500 the number of same-sex married couples in parts of the country.

The agency held back some census data on gay and lesbian married couples when they realized they couldn't be certain if some people were married or just roommates.

THE CANADIAN PRESS

Flying solo. Lone-parent families on rise, with more dads raising kids alone

More Canadians than ever — many of them fathers — are confronting the plight of the single parent in an age of economic uncertainty, the new census suggests.

The number of single parents jumped eight per cent between 2006 and 2011, including a 16 per cent spike in the number of single dads. Single mothers, who still constitute about 80 per cent of all single-parent families in Canada, rose by six per cent.

Lone-parent families represented 16.3 per cent of all census families in 2011, nearly twice the percentage 50 years ago. In 1961, roughly two-thirds of lone parents were widowed, and the rest were divorced or separated, with a small percentage never having been married. Now, half are either divorced or separated. THE CANADIAN PRESS

LONE-PARENT FAMILIES
A look at the Top 10 communities (population 10,000 or more) with the largest proportion of lone-parent families, according to 2011 census data:
6. Prince Rupert, B.C. 23.4%
2. Cape Breton, N.S. 24.7%
1. Prince Albert, Sask. 27.3%
4. Saint John, N.B. 24.3%
10. Sainte-Thérèse, Que. 22.5 %
9. Orillia, Ont. 22.6%
3. North Battleford, Sask. 24.6%
5. Joliette, Que. 23.8%
8. Windsor, Ont. 23.1%
7. Hawkesbury, Ont. 23.2%

Going it alone, from coast to coast. THE CANADIAN PRESS

Black-market bonanza: Canadians dodge sales tax where they can

No guilty feelings. New survey finds that only 30 per cent think it's wrong to avoid tax by paying in cash

The vast majority of Canadians pay taxes each year, but a new survey suggests they are prepared to cheat at the margins if they think they can get away with it.

The survey for H&R Block Canada found 55 per cent of respondents saying that when dealing with a contractor, they would opt to pay cash to avoid sales taxes.

And they are not feeling overly guilty about it either. Only 30 per cent said they thought the avoidance wrong. Among young Canadians aged 18-34, only 17 per cent said it was wrong to avoid paying the sales tax.

The findings don't seem to be related specifically to sales taxes, which range from a low of five per cent in Alberta to a high of 15.5 per cent in Prince Edward Island.

A majority of Canadians believe they shouldn't have to declare bartered transactions, nor do they feel workers in the service industry like waiters and bartenders should need to declare tips as income.

"I think it boils down to people feeling they pay enough tax, that they shouldn't have to pay anymore," said Cleo Hamel, a senior tax analyst with H&R Block.

Another factor may have to do with the recent introduction of the HST combining federal and provincial sales taxes in Ontario and Quebec, which increased the number of services subject to higher combined tax rates.

But Hamel said Canadians should be wary of cheating the tax man. If caught, they are liable not just for the tax, but also penalties that can double the amount owing. The government also has the option of prosecuting tax cheats.

The online survey of 1,500 adult Canadians was conducted by Leger Marketing over three days between July 30 and Aug. 1.

THE CANADIAN PRESS

Underground economy

Statistics Canada estimated the underground economy amounted to about $36 billion in 2008.

- The agency said underground activities were most prevalent in the construction industry, retail trade and accommodation and food services.
- The good news is that as a percentage of the economy, the agency said, evidence suggests underground activities declined from 2.7 per cent of gross domestic product in 1992 to 2.2 per cent in 2008.

Swiped! Groupon launches card-reader attachment

Groupon launched a new payment service Wednesday that allows businesses to run credit cards using an iPhone or iPod Touch, thus becoming the latest company to seek a portion of that growing market. It will go up against EBay Inc.'s PayPal unit and Twitter co-founder Jack Dorsey's Square, which also allow merchants to swipe credit cards on their phones using a small card-reader attachment. GROUPON

South Africa

Wage agreement ends deadly mining strike

Lonmin Platinum's 28,000 miners celebrated a wage deal Wednesday that ended a deadly strike in South Africa. At Marikana, the location of the protracted strike, thousands gathered and sang the national anthem in piercing heat. Many workers said they were happy to return to work Thursday, and glad that the strike that saw 45 people killed has finally come to an end.

THE ASSOCIATED PRESS

Forbes 400 list

Gates is still richest American

Microsoft Corp. co-founder Bill Gates remains the richest man by far on the Forbes 400 list for the 19th year running, with a net worth of $66 billion US.

Social media moguls took the biggest hit. Zynga Inc.'s Mark Pincus and Groupon Inc.'s Eric Lefkofsky dropped off the list entirely, and Facebook's Mark Zuckerberg was the biggest dollar loser in Forbes' latest ranking of the 400 wealthiest Americans.

THE ASSOCIATED PRESS

Air Canada close to releasing low-cost-carrier details

Air Canada says it is a couple of weeks away from announcing details for a separate low-cost airline that will serve transatlantic and leisure routes in the Caribbean and the United States.

Michael Rousseau, the airline's chief financial officer, told a CIBC investment conference on Wednesday that the carrier will be wholly owned by Air Canada, but carry a different name.

"It is a very exciting initiative, not just for Air Canada, but our employees as well because it does provide growth opportunities for us," he said.

About half of the incremental profits from the low-cost carrier will be derived from cramming more seats into a fleet of 20 Boeing 767s and 30 Airbus A319s. The rest comes from lower employee wages and more flexible work rules.

The wide-body planes, for example, will be fitted with 20 per cent more seats, raising the number of passengers to 275 per aircraft.

The new business model will open the low-cost carrier to new routes in Europe that currently aren't cost-competitive for Air Canada, and allow it to be more competitive on Caribbean and some U.S. destinations.

"The majority of the transatlantic routes will be in fact growth routes for us that we think we can make adequate if not very strong returns," Rousseau said.

Its approach to the leisure market is more defensive, he added, with some routes switching to the low-cost carrier to improve margins.

Rousseau warned that the new low-cost carrier will be launched in 2013, but won't have a material impact on Air Canada's results until it ramps up to the full fleet of 50 planes.

Meanwhile, he says Air Canada is working on several other initiatives to build its profits after completing gruelling labour negotiations that lasted longer than it had anticipated.

Rousseau downplayed suggestions of lingering friction between the company and unionized employees following the labour disputes. He said there wasn't any increase in pilots booking off sick days after the arbitrator ruled in favour of the airline.

THE CANADIAN PRESS

Quoted

"We don't have a difficult relationship with the vast majority of our employees."

Michael Rousseau, Air Canada's chief financial officer, blaming the media for portraying lingering friction between the company and unionized employees

Market Minute

DOLLAR 102.62¢ (+0.01¢)

TSX 12,436.16 (+13.45)

OIL $91.98 US (-$3.31)

GOLD $1,771.70 US (+$0.50)

Natural gas: $2.762 US (- 1¢)
Dow Jones: 13,577.96 (+13.32)

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Top talent. Two-thirds of firms have trouble drawing skilled employees: Survey

A new report suggests Canadian firms are having trouble attracting skilled employees, and it may be because they are not attuned to what top talent wants.

Towers Watson says nearly two-thirds of the Canadian companies participating in an international survey said they had trouble attracting and retaining skilled and high potential employees. The professional services firm suggested companies are not offering prospective workers what they most desire — a competitive pay base and job security. Instead, employers are stressing challenging work and the organization's reputation.

The survey also found 47 per cent of Canadian respondents indicated their employees are experiencing high levels of stress at work. The international survey of 1,605 companies, which contained a Canadian component, was conducted from April to June and represented a wide range of industries. THE CANADIAN PRESS

Boob-tube bling. Sony launches $25K television

For the wealthy gadget lover who has everything, or the most eager of early adopters, Sony will release a Canadian exclusive in time for Christmas: a new astronomically priced TV that represents the first step into a new ultra high-resolution format.

It's called 4K TV, a technology that promises four times the resolution of the HD picture consumers are now used to watching. For the price of a down payment on a condo, consumers can pick up Sony's top-of-the-line 84-inch 4K LCD TV. That's $25,000 — plus tax, of course.

Much like when plasma TVs were first released and were mostly sold to businesses or the very wealthy, Sony isn't expecting a huge rush on its new model, admits spokesman Michael Neujahr.

THE CANADIAN PRESS

Quoted

"There's not going to be an awful lot of consumers buying this TV."

Sony spokesman Michael Neujahr

AN UNTAPPED MARKET: SONG SEQUELS

HE SAYS...
John Mazerolle
metronews.ca

If you're looking to make it big in the music industry, I've got just the solution.

Hard work? Talent? Originality? Excuse me while I take a drink so I can spit it out in a comedic fashion.

No, my idea will work precisely because it is so lazy and unoriginal: sequels. We need to write song sequels.

Think about it. What industry, like music, has less to do with skill and more to do with giving the mouth-breathers what they want? The movie industry, of course.

And there's no more sure a bet at the movies than a sequel. Of the top-10-grossing movies so far this year, eight were sequels, reboots or adaptations.

If the movie industry can have a huge hit with Ice Age 4, just imagine what the music industry can do with future hits like Mr. Tambourine Man 2: Electric Boogaloo. Here are a few ideas to get you started.

Song ideas 2: Seems to me I've heard this song before ...

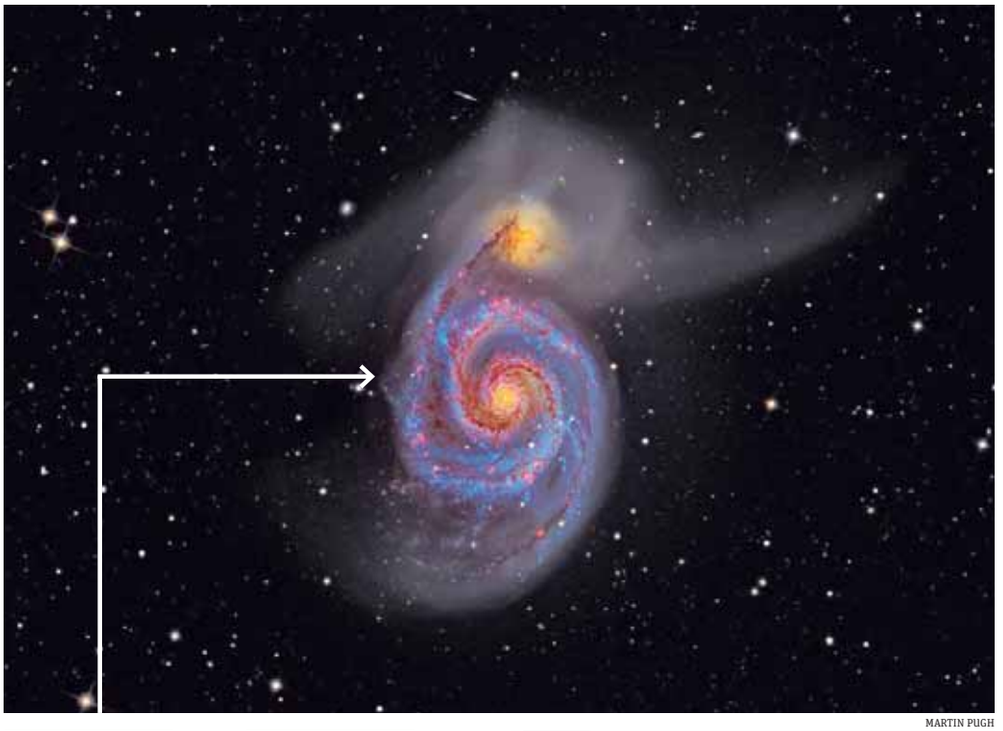
- Call Me Maybe 2: Call Me Maybe-er: In this romantic romp, a mysterious stranger gives Carly Rae Jepsen HIS number. Will she stay with Mr. Ripped Jeans, or run off with the "new guy/who makes me feel so high?" Maybe both!
- In the Year 2526: Man is still alive … but for how long?
- Psycho Killer Episode I: The Phantom Menace: In this much-anticipated prequel, we learn that the psycho killer was once a young whiny teenager who had infinite potential but was portrayed by a terrible actor. The bridge is something about a tax dispute.
- Rock and Roll Part 2, Part 2: Same as Part I, except the "Hey!" is spoken solemnly by Morgan Freeman, for a touch of gravitas.
- The Boxer 2: The Whores on Seventh Avenue: You think you know the full story, but you don't. Listen to the story of a boxer and fighter by trade, from the vantage point of the Pretty Woman who loves him! But will she "lie lie lie" to get him?
- 100 Problems: Jay-Z has no problems with his girl, but he wasn't counting on … a new baby! Feel bad for his daughter.
- Johnny Be Even Better!: Johnny is now a man and the leader of a big old band. But as people come from miles around, the theatre is slated for demolition. Can Johnny play his way out of this one?
- American Pie Crossover: Hot Cross Buns!: Don McLean sings about making love to an apple pie and grabbing the hot buns of Lady Liberty. The lyrics are cryptic, but you know what he's singin' about! (Wink!)
- Escape From The Bridge Over Troubled Water: The emotional tsunami of the original is replaced by a real tsunami. And, in the shocking climax, either Simon or Garfunkel will die (not Simon).

And there you go. If you use any of my ideas, I will be deeply honoured and flattered. Also, I will be suing for $10 million for theft of intellectual property and loss of livelihood.

So get writing!

A strategic career song for Jay-Z: 100 problems, and a baby is one.
GETTY IMAGES

The deep space whirl



MARTIN PUGH

Astrophotography

Stunning star snap taken by amateur

Australia-based Martin Pugh has been named the Royal Observatory's Astronomy Photographer of the Year.

Pugh's image of the Whirlpool Galaxy (also known as M51), which also won the Deep Space category, was taken using a 43-centimetre-diameter PlaneWave telescope at an observatory in California's Sierra Nevada Mountains. METRO

Galaxy in numbers

37,000,000

light years is how far the Whirlpool Galaxy is from Earth. Pugh acquired his winning photo following a total exposure time of 28 hours.

Q & A

Better than Hubble

Marek, you were one of the competition's judges. What's so special about this image?

The technical skill in capturing the detail, the image's beautifully framed composition, and the sense of the infinite universe. The photographer has made the most of exceptionally good atmospheric conditions to capture an astonishing range of detail in his image of this iconic galaxy: The beautiful spiral structure, dark lanes of dust, and the way the pink clouds of hydrogen really stand out. Here, you can see the small companion galaxy being gradually torn apart by the gravity of its giant neighbour. It's a remarkable achievement by an amateur astronomer. In many ways, it's better than an image by the Hubble Telescope.

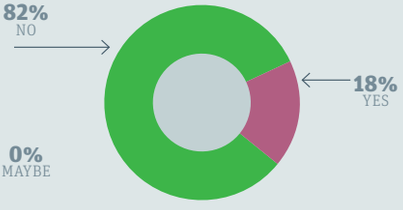
This image is perhaps not the most eye-catching, but because of the amount of fine detail, it's a winner.

MAREK KUKULA
Royal Observatory Public Astronomer

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Will you be lining up for the iPhone 5?



Twitter

@natashawanders: Why does it take 45 minutes to drive from downtown #ottawa to #westboro when I can fly to #toronto in 40? #commute #transportation

@beisan: Another #Ottawa tourism ad in the TTC: "Not all our parties are political!" Except the #QP drinking game, of course.

@chrisquiroz: #Ottawa got cold today! So long summer! Winter, you bitch, let's do this.

@LadyJ7: Honestly. Can something be fixed about the fact that my 5pm bus consistently arrives in tandem with the 5:20pm bus. #ottcity #octranspo

@EricasHomes4U: I love Ottawa at this time of year...and the colours are only getting nicer! #ottcity

metro

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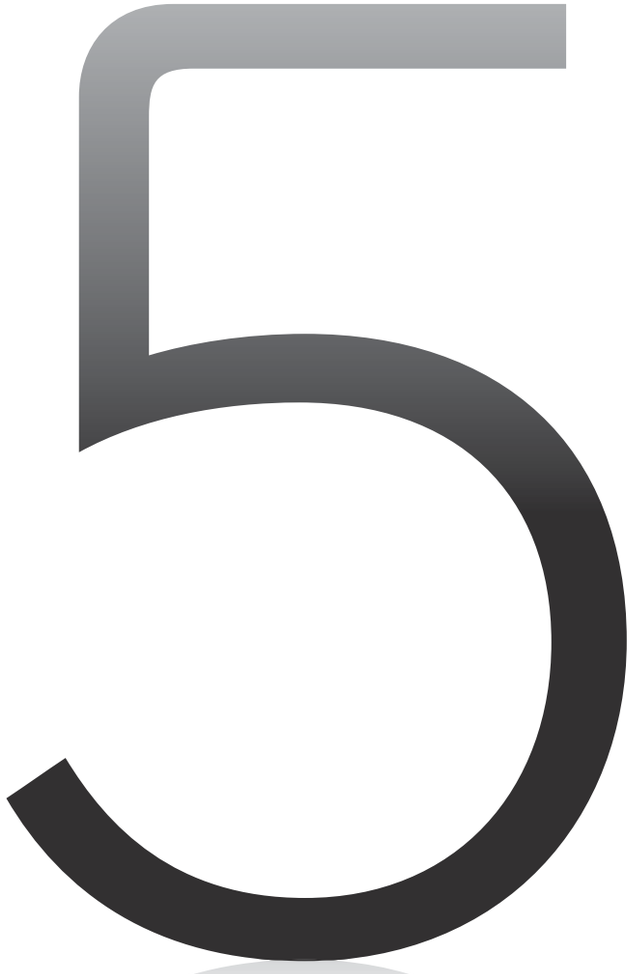

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- Markville Shopping Centre
- Pacific Mall

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- 377 Main St E

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- Dixie Value Mall
- Erin Mills Town Centre
- Heartland Power Centre
- Sheridan Centre
- Square One Shopping Centre
- Square One Shopping Centre – Kiosk
- Westgate SmartCentres

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- Upper Canada Mall

NORTH YORK
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- 170 Rimrock Rd
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- Crossroads Plaza
- Empress Walk
- Lawrence Square
- North York Sheridan Mall
- Sheppard Centre
- Yorkgate Mall

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- Oakville Place

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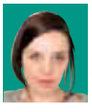
SCENE 2

The Ottawa indie rock trio Tall Trees is still in high school. ANDREW CARVER

Sky's the limit for Tall Trees

Breaking into the biz. Canterbury High School students are growing their musical careers with recordings and show bookings



BACKSTAGE PASS
Jen Traplin
ottawa@metronews.ca

On first listen, you might assume Ottawa indie rock trio Tall Trees is a group of seasoned veterans. In reality, the band is made up of high school students.

Lead vocalist and guitar player Jad Hammoud, bassist Peter Klaassen and drummer Josh Wynnyk are 17-year-old students at Canterbury High School's renowned music program. Hammoud is in the vocal program, Klaassen is in strings and Wynnyk is in the winds program, specializing in percussion.

All three started studying music when they were much younger. Now, they want to turn that passion into full-time jobs.

The group credits Canterbury with giving them the tools to make that happen.

"We've been learning most of the technical stuff — performance, music theory and history," says front man Hammoud.

"A lot of what we learn in class, we can definitely bring to all of our rehearsals when we're composing a song, and thinking what melodies work with each other and what harmonies work well," adds Wynnyk.

Though the program doesn't involve the business side of the music industry, Klaassen says it has taught them a very important business lesson.

"It's instilled in us how to be a professional musician — how to work with other people — which helps a lot."

In the few short months Tall Trees has been together in this form, it has already recorded and released an EP, Tall TreEP, and played a string of local shows.

The band points to Led Zeppelin, The White Stripes and The Black Keys as its main influences (front man Jad Hammoud's vocal style is very Robert Plant-esque).

And though it's clear the group is heading in the right direction, its got a bigger challenge than most local bands — its friends and fans are all under age.

"We played Zaphod's a couple weeks ago and we were so pumped because this was our first big gig that was 19+ but, that being said, almost none of our friends could come out and see it," Hammoud explains.

Adds Wynnyk, despite playing to an almost empty room, the band still considers the show a success.

"Lots of good connections were made from that show.

"A gig is a gig, right?"

Next gig...

Tall Trees is playing an all-ages show at Café Dekcuf (221 Rideau St.), along with Monday I Retire and Suzy Pankhurst, on Sept. 28. Doors open at 7 p.m. Tickets are $12 at the door.

On the web

R. Kelly makes Soul Train history as most nominated act ever, Usher leads with 5 nods

Connie Britton steps into boots of a hardworking recording artist on show

Nashville. Actress speaks about her new role on a show that shares the details of professional world in Music City

AMBER RAY
Metro World News

Actresses Connie Britton and Hayden Panettiere speak about their new show Nashville. FREDERICK M. BROWN/GETTY IMAGES

It's a risk to hinge a show named Nashville, detailing the ins and outs of the record business in Music City, on an actress who has no professional singing experience. If the actress is Connie Britton, however, that's a gamble worth taking.

Britton is a calm powerhouse onscreen, bringing strength and complexity to roles on Friday Night Lights and American Horror Story, both of which earned the Boston native Emmy nominations. On her new series, Britton plays Rayna Jaymes, a country queen whose singing career has recently hit a speed bump.

She's presented with the option of co-headlining a tour with the genre's hot new thing, a Taylor Swift-like pop tart (Hayden Panettiere), which sets up the show's central rivalry. But here you'll also find family drama that blurs into corrupt local politics, broken love stories and music. In anticipation of the Nashville premiere, we passed Britton the mic, and she sang the praises of her new series.

Details

Where can you watch the show?

- **On CTV Two.** Nashville begins airing on CTV Two on Oct. 10

What made you say this is a role I have to play?
Rayna is a really, really strong character. She's a self-made character and she's a survivor. It's an interesting thing to watch where she finds her strength; she just pulls from whatever she knows to keep going. She supports her family and she has created this career not out of folly, but because she really needs it as a woman and as a person kind of moving away from her (father's legacy) and creating her own path. Rayna has lived a life with her band members and she's had a relationship with the head of her band and now she's in this marriage. There's a lot of back-story, and I don't want to give it all away.

How much does the established artist versus young upstart conflict between Rayna and Juliette Barnes (Panettiere's character) play into the overall plot?
I never saw the show in those terms, and I'm working hard to not have the show become about (a young versus old rivalry), because I certainly don't feel old and I'm not interested in playing old. I don't want it to be about one woman versus another woman. I think what our two characters represent is two people in very different phases of their life and different phases in the music business. Our show is called Nashville, and a big part of that is the music business. And so I think our two characters are a gateway into that story.

How will their relationship play out?
Knowing Rayna the way I do, I think that there's going to be redemption for everybody involved. I'm always interested in that.

Do you intentionally look to play strong women?
I try to play such different characters, but there's always one strong intent, and that is to play women in a way that portrays them as powerful and true and complex and comfortable in their own skin, even in the midst of crisis and chaos, whatever form that takes. In TV we have a lot of opportunity, we're seeing a lot of really strong women characters on television. But I like to play a strong woman who is also accessible and vulnerable and has a lot of the same qualities as most women do. I think that people appreciate that and my hope is to keep doing that.

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If you don't know him, you should

Q&A. Metro recently sat down to chat with Tiësto, the world-famous DJ who is making waves in electronic dance music

MICHELLE CASTILLO
Metro New York

Tiësto, 43, hails from the Netherlands. GETTY PHOTO ORDERED

Calling Tiësto the world's biggest DJ might be a slight understatement. More than one million people across six continents attended his 15-month 2010 Kaleidoscope World Tour, including the final date in Los Angeles where he performed before an audience of 26,000 fans — the most ever in U.S. history for a single DJ event.

That's not to mention his recent compilations and albums Club Life: Volume One Las Vegas, Kiss From The Past, and Club Life: Volume Two Miami, all which have become hits in the dance music world. We caught up with the Dutch DJ at the Electric Zoo Festival in Randall's Island, New York City, to talk about his upcoming tours, his foray into fashion and why his mom's home cooking is the best.

You're about to go on stage at Electric Zoo. What can people who are coming to your show expect.
I thought about it a lot today. I'm going to play a lot of hard stuff. It's outdoors right before the darkness, so I'm going to play a lot of hard stuff and a couple of focal tracks and a few new tracks of mine.

I understand you're going on a U.S. college tour. Why colleges and why that age group?
First of all, it's a great crowd to play for. They're all fresh and hungry for dance music. I think not many people have seen me at that age. I always get a lot of tweets and requests (about) when am I going to play under-18 shows. I can't do that anywhere. This is the closest I can get where I can reach my younger audience.

You have a Guess fashion collection coming up. Tell me a little bit more about what inspired you.
I always liked Guess, and I met Paul Marciano, and I went to dinner with him. He's a big Tiësto fan, and I was always a big fan of his campaigns. So I was like why don't we do anything together? We started thinking about it, and it spontaneously came together very organically.

Is there going to be a lot of dayglo? Neon colours?
No, for the first part of the collection I tried to keep it very basic because I didn't have much experience yet. I didn't want to go to crazy.

So what are we going to see a lot of?
Very basic colours. A nice black leather jacket. Lots of T-shirts. Very simple, but a lot of detail. The women's collection is more exciting than men's.

Have you always been into fashion?
As I started to become a bigger DJ, I became more into fashion. I couldn't afford it back in the day: I had other things on my mind!

I like it when people dress nice, when you see a girl and a guy put in a little effort, it looks good. I really appreciate that.

You're headlining the Staples Center in October. Why did you want to return to L.A.?
It's been a while since I've been in L.A. Staples Center is such an iconic venue, and I've always wanted to play there. It was available that day so I said let's do it!

You're from the Netherlands. When you are on tour what food do you miss the most?
My mom's food of course! She makes very good chicken. She makes chicken with raisins and rice and a special sauce. No one else can make it. It's really good. It's not really Dutch food I think.

Typical Dutch food is snacks.

Coming from the Netherlands, what have you noticed about people around the world?
I noticed that a lot of people are actually the same around the world, but there's just a communication failure. People misunderstand people's culture, but if you really get to the culture, it's really the same around the world. But, because the way you express yourself is different than you do in Europe, people misunderstand you.

I'm not going to make you pick the country with the best fans, but which country has the craziest fans?
I think Mexico. Mexico has crazy fans. When I play there, they have complete squares with my names on it. Crazy fans!

Are you surprised how global electronic music has become?
I'm surprised and so happy. I came to the U.S. in 2000 for the first time and I never thought it was going to be like this.

I was playing in Vegas only three years ago, and I was like, "I would love to have a residency to play every week here because I love Vegas." But, everything was hip-hop. I told the promoter I worked with then, and he said 'Yeah it would be great if you could do it, but it will never happen.' We were both like it will never happen. And it's here.

The song that put you on the map was the remix of the Pirates of the Caribbean theme song. Are you sick of that song now?
Yeah. I must say. I always look at the future. I don't look very much in the past. Everything I did in the past I don't play much anymore. It's such a different time now, a different sound. I miss those days sometimes, but that was then. It was a different period in my life and now I'm here. I don't play Pirates of the Caribbean; I haven't played it in two years. It would be weird to play it now because it doesn't fit my sound. Maybe if I do a complete old school set?

Quote

"I think people in the EDM world are very free and very liberal, that's why it's so attractive to everybody. In general people are so positive. If you go to an EDM festival, there's never fights, there's no violence. People love each other and support the music, and it's the best crowd there is in any music genre."
Tiësto

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WYCLEF JEAN

Wyclef Jean revisits success with The Fugees, setbacks in post-quake Haiti in autobiography

MARION CURTIS/THE ASSOCIATED PRESS, STARPIX

Anyone who needs to catch up with hip-hop star Wyclef Jean just has to refresh his Twitter feed.

"You know I'm direct about everything," says Jean, 42.

Though some things need more than a tweet to explain, so Jean has written an autobiography, Purpose (It Books). On sale this week, the book explores his political, financial and personal turmoil, including an extramarital affair with fellow Fugee Lauryn Hill.

The book opens with Jean hearing the news that a catastrophic earthquake has struck Haiti, the Caribbean country where he was born. The Grammy-winning multimillionaire returned home the next morning, trying to make sense of the chaos and overwhelming loss of life.

He kicked his Yéle Haiti Foundation into overdrive to help survivors, and the urgency to get Haitians back to work drove Jean to announce his candidacy during Haiti's 2010 presidential elections.

Both efforts, though, eventually left him reeling from criticism over his methods and motives. His presidential campaign was cut short, while Yéle faced allegations of financial improprieties that benefited the singer.

In his book, Jean dismisses the problems at Yéle as complications of a small charity's sudden growth. After a restructuring, Jean writes, "We are a completely transparent organization and I invite the world's curiosity."

Do you think you're going to run for president of Haiti again in a couple years?
(Chuckling) ... Keep in mind, right, that y'all always say "My run for the presidency" but there's something you all must add — Wyclef never even got a chance to run for the presidency.

It was sort of like, before I could even spit out who my technicians are, what are my policies, it was like, "Yo, this guy don't have no technicians, this guy don't have no policies, he's not running, get him out!" Right now, it's definitely, like, not in the focus.

How was working on a book different from working on an album?
It takes you back to a place and to a time. I always tell people, the easiest thing for me in the book was talking about The Fugees. Because, you know, you're young, you're rock and roll.

The hardest thing in the book was probably talking about my relationship with my dad.

Growing up in a Christian household and then defying that and saying I'm going to be a rapper, and after they bring you from Haiti and the expectations, what they expect from you, and the fact that he never really came to my shows. ...

The book brings up some of your personal drama (extramarital affairs, including an on-again, off-again relationship with Hill) and your wife in the book comes off as being one of the most patient people in the world. What was her reaction to the book?
The main thing about me is, I'm just bluntly honest, you know what I mean? It's like, I'm a man. Beyond my book, it's in my music. If I'm going through something, you'll hear it in my music. Like, if you've heard The Carnival — "To all the girls I've cheated on before, it's a new year ... I'm in love with two women, who is it going to be now?" This is not (something) I waited like 20 years later to be like, boom. I just basically stated the stuff that happened when it happened. ... They say, what's the secret? I say, first, the person I was trying to be with had to be a friend first, and clearly I would say that's how we made it through.

THE ASSOCIATED PRESS

Say it right: Nelly's back

Return of the queen. Furtado mulled quitting English pop after Loose, but returns after six years

After rattling the charts with her sexed-up club-quake Loose, Nelly Furtado faced a difficult riddle: how to follow the biggest success of her career, a disc that sounded like nothing else in her catalogue?

She took her time pondering that question. First, she took a couple years off, enjoying a slice of homebody life for the first time in her career. But still, the answer didn't come — after three years, she pressed ahead and issued the Spanish-language disc Mi Plan, in part to tide over fans.

Eventually, still uptight over Loose, she mused on quitting English-language music altogether — although how much that was a real concern or a self-motivational strategy is hard to discern.

"I go through this love-hate thing with my career," the chipper 33-year-old said in a recent interview while lounging on a couch in a Toronto hotel room.

"I really think it's psychological, where I tell myself I'm going to quit so I can get back into the studio and create something that's too good for me not to quit.

"I have to create that tension. I have to create that do-or-die, gotta live for it. I guess it's my way of making sure the quality's there....

"It's a bizarre, weird artistic game I play."

Well, it appears as though she won, because this week, Furtado released The Spirit Indestructible, her first English-language album in more than six years.

It's a testament to the taut power of Loose that it was so hard to craft a follow-up. That album featured four top 5 hits in Canada, went multi-platinum in 32 countries and moved 10 million copies worldwide.

And it's not a coincidence that she approached Spirit differently.

Where gifted hip-hop producer Timbaland gilded nine of Loose's tracks with his distinct sound, he's nowhere to be found on Furtado's new disc, which features production from Grammy winner Rodney (Darkchild) Jerkins and Amy Winehouse collaborator Salaam Remi. And while Loose cast Furtado as a glam, hip-swivelling vixen, Spirit finds the Victoria native exploring disparate sides of her personality.

"Loose, without meaning to, became more of a concept album — and I guess my concept was pop — let's make this very broad, thematic album, where it's very light in a way but sonically together," Furtado said.

"Mi Plan as well, is very one sound — it's very much a Latin pop record — so it's quite sonically consistent in one way.

"But this album isn't. It's back to the fun, and the risk, and the real irreverence. What I like most about it is I feel some of that punk attitude on this album that I had on my first album."

Yet even if Furtado's concept was not having a concept at all, common themes soon began emerging in the new tunes she was writing. Primarily, The Spirit Indestructible finds Furtado revelling in nostalgia.

Propulsive first single Big Hoops (Bigger the Better) is a callback to "that 14-year-old girl with that fire inside ... who knew the microphone was really where she should be," with lyrics that directly reference early '90s hip-hop hitmakers Salt-N-Pepa. The booming Parking Lot was inspired by Furtado's recollections of late-night teenage gatherings outside her local 7-Eleven, while piano-powered knocker High Life goes "back to the girl in the bedroom dreaming about being a famous singer."

"There's a big difference between her dreaming about it and what happens when you achieve those things," said Furtado.

A moment later, she realizes the implications of such a statement — that she sounds like a celebrity complaining about being famous.

"I never want to be that artist to write songs about like, being in a hotel room, or on a jet plane, on a private jet — 'Ahh, it's so hard,'" she says, laughing.

"High Life is the closest I've come to writing that song, but I think I've at least tied it together with something that people can at least sing along to."

Indeed, Furtado has tried hard to maintain her approachable normalcy even as her profile has ballooned.

Following the success of Loose, she retreated into routine — swapping stilettos for rubber boots and velour track pants while she drove her daughter to school each day and thought about music only in her spare time.

"I really viciously guard that — it's my only way to stay grounded really, is to live a normal life," Furtado said.

"I'm proud of that. I definitely wear it on my sleeve. I like that I do all the same things and have pretty much all the same friends that I used to have."

THE CANADIAN PRESS

By the numbers

10M

Furtado's 2006 album Loose featured four top 5 hits in Canada, went multi-platinum in 32 countries and moved 10 million copies worldwide.

Nelly Furtado performs during the MuchMusic Video Awards in Toronto earlier this year. CHRIS YOUNG/THE CANADIAN PRESS

Dancing days: Pink looking at life through rose-coloured glasses

Music. A year after becoming a mother, singer searches for Truth About Love on latest album

For all her songs about fights, broken promises, romantic letdowns and wild nights, Pink is actually in a Zen-mode these days — and all the credit belongs to her one-year-old daughter, Willow.

"I used to be really dark. Now, I wake up and check her pulse and make sure she's not having a temperature. And then we dance. And we dance, and we dance, and we dance," she says. "Then, we go on bike rides. And we dance some more. Everything's a song. It's just a lot more fun. I guess that's how the record reflects where I am right now. I'm just having a lot more fun than I ever have."

Listening to Pink talk about Willow, it's clear there is a kinder, gentler side to the singer known for her tough demeanour and rebellious nature. But the platinum-selling, platinum-dyed powerhouse singer hasn't exactly gone soft. The Truth About Love, her new album out this week, is filled with breakup and makeup anthems mostly concerning her on-again-off-again-on-again relationship with husband Carey Hart.

"I had a lot left over from my last breakup with my current husband and baby daddy," she says.

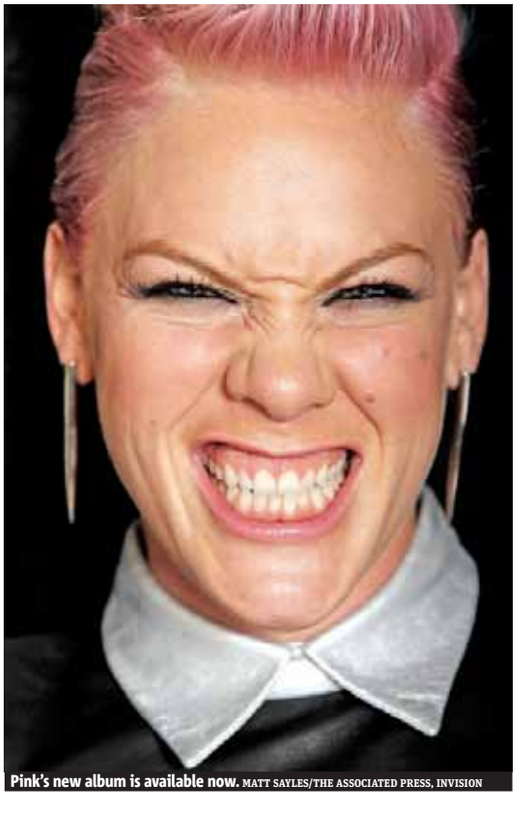
The 37-year-old motorcycle racer and 33-year-old singer-songwriter, whose real name is Alecia Moore, married in 2006, separated in 2008 and reconciled in 2009. Exposing the ups and downs of their union through song is familiar territory for the reluctant pop star, who declares, "I miss you, baby/Come home to me," on the song How Come You're Not Here.

The album is the singer's first full-length album since 2008's double platinum Funhouse, though she remained on the charts with new material from a platinum-selling greatest hits package, including the hits Raise Your Glass and (Expletive) Perfect. She calls her new album, which features Eminem, Nate Ruess and Lily Rose Cooper (or Lily Allen), "just kinda all over the place."

"(I was) just having fun. I think that's a new thing for me. I was having a lot more fun than I was having before. I think production-wise it's a lot more interesting," she says. "The musicality, I feel like I raised the bar for myself." THE ASSOCIATED PRESS

Fresh blood

- Pink declares that "fresh blood" was injected into her new album from Greg Kurstin, a music producer who previously worked with the likes of Foster the People, Kelly Clarkson and the Red Hot Chili Peppers.



Pink's new album is available now. MATT SAYLES/THE ASSOCIATED PRESS, INVISION

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Angelina Jolie and Brad Pitt. ALL PHOTOS GETTY IMAGES

Angelina Jolie makes her brother a maid of honour

While the date of Angelina Jolie and Brad Pitt's wedding may still be a mystery, some of the other details are coming together — like who will be by the bride's side through the ceremony.

Jolie has reportedly enlisted her brother, James Haven, to serve as her maid of honour — of sorts — for the big day, according to Heat.

"James was thrilled to accept his little sister's offer. Angie has always related to men better than women," the source says. "As well as growing up with James, she bonded more with the jocks than the cheerleaders."

Paltrow lets her kids only watch cartoons in foreign languages

Gwyneth Paltrow isn't above letting her two children — 8-year-old daughter Apple and 6-year-old son Moses, watch a little TV, but she has some conditions.

"I only let them watch TV in French of Spanish," Paltrow tells InStyle magazine. "When I'm in France, I go to (Boulevard) Beaumarchais and buy all their cartoons."

The Word

Shocker: Lohan arrested again

THE WORD
Dorothy Robinson
scene@metronews.ca

Lindsay Lohan was arrested again — I could type that phrase with my eyes closed at this point — in New York City on Monday night.

Lohan was at the wheel when her Porsche pulled up to the Dream Hotel in the Meatpacking District around 12:30 a.m., hitting an unidentified man in the knee.

Reportedly "unaware" of the accident, Lohan and her crew went into the hotel before authorities could arrive.

She was arrested upon leaving about a half-hour later and released without bail since the charge is only a misdemeanor.

The man checked into a nearby hospital, but there were no visible injuries, according to sources.

Per TMZ, Lohan is saying the accident is "really fishy" because the man didn't appear to have any visible injuries and feels she's the victim of a set up.

And surveillance video supports that — it apparently shows her accuser was exaggerating.

Conspiracy or no, this brings up a few questions:

1. Why is Lindsay Lohan driving in New York City?

If I can afford to take a cab, she can afford to take a cab.

2. How much is her car insurance? It must be more than my take-home salary at this point.

3. Who is her current lawyer? He's the hardest working man in show business (besides Kirstie Alley's tailor) and yet no one knows his name.

Twitter

@ElizabethBanks
Catching up with news and my take-away is this: Kate Middleton is even more flawless than previously assumed. #RoyalAbs

@ZooeyDexchanel
I just want to wear sweaters and coats but the universe isn't playing along.

@EllenPage
Dear America, I've a very important question. Why are chickpeas called garbanzo beans here? Thanks

@SarahKSilverman
A bull in pretty much any shop is gonna be a mess

Sofia Vergara

"Do you know who I am?" Apparently not, Sofia

Sofia Vergara didn't have as nice of a night out in Hollywood recently as she'd been expecting. The Modern Family star hit the Parlor to meet up with a group of friends but was denied access as the bar was at capacity, according to Hollyscoop.

According to onlookers, Vergara blew up at the bouncer, shouting, "Do you know who I am?"

A friend who was already inside came out to see what was going on and joined in yelling at the bouncer before Vergara stormed off. She later took a moment to blast the venue on Twitter, posting that it is the "worst sports bar in LA!"

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LIFE 3

On the web

Kate Moss, Lana Del Rey at British brand Mulberry's '70s-inspired fashion show

London calling!

From neutrals to bold colours, from the masculine to the feminine, from the '50s to the future and back again: London Fashion Week's lady is one of contrasts and undeniable cool.

RICHARD PECKETT
life@metronews.ca

Vivienne Westwood

Vivienne Westwood's show consisted of '50s-inspired lady-like pieces: cocktail dresses, jacquard skirt-suits, fitted frocks and flared skirts, headscarves and twin-sets with painted faces in yellow, green, pink and blue make-up. Seemingly pared-down for Westwood but then there was a live performance by Rooster with singer Sara Stockbridge to ramp up the anti-establishment punk vibe.

Paul Smith

Of course, Paul Smith, best known for his classic tailoring, couldn't go so far as to omit his signature pieces from his latest outing — but he did introduce a few fresh ideas. Color-blocking ran through the collection from airy, pleated skirts slit high to mid-thigh, billowing-dresses and shirts, to pajama-esque pants. New ideas aside, it was the high-waisted, mannish-style cropped trousers that proved to be the biggest success, while the striped stirrup pants and tightly cut jackets read a touch awkward.

Issa

Designer Daniella Helayel was obviously feeling hot, hot, hot on the run-up to her latest outing. Vibrant, popping colours (hot pink, orange, reds and yellows) welcomed the dawn of a '70s tropical Garden of Eden, complete with orchid-styled hairdos. Billowing caftans, tiered full-length smocks, kimonos and maxi cuts all made their way down the runway. That said, it was the halterneck jumpsuits that were the racier and more daring standouts in this collection.

Sass & Bide

Sass & Bide's Sarah-Jane Clarke and Heidi Middleton toyed with the idea of masculinity and femininity. That trope surfaced as white and black, silk versus embellishment and the reinterpretation of the tuxedo. Dresses came with structured origami pleats, sometimes edged with embellishment or featuring the camellia flower — a symbol of perfection. There were shots of hot colour too, with the introduction of fluoro orange shells and silver paillettes,

Nicole Farhi

Nicole Farhi bid farewell (kind of) to her label with a perfectly sculpted and cerebral collection. Next season sees the inception of Joanna Sykes at the creative helm, although Farhi will still be involved with the label in some capacity. The 66-year-old was inspired by the way in Carrara, Italy, changing light levels cast shadows across the marble mountains there. Her passion for artisan sculpture, fabrics and silhouettes was clear from the complex pleats that represented the shadows on her neutral colour collection.

The Kit

Canadian street style

Spotted in: Halifax

Nora MacLeod

Product developer for a toy company (The Orb Factory)

Age: 26

What she's wearing
Romper and belt from Kensington Market, cardigan from Elsie's, thrifted shoes.

Her inspiration
"I dress according to the weather, and my mood, and I would describe my style as playful."

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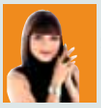

JEANNE SPACE
Jeanne Beker
life@metronews.ca

IN THIS HECTIC MODERN WORLD, TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND, AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.

@Jeanne_Beker: LOOK OUT ! Off to Montreal to shoot the new @fyshnation campaign for my capsule eyewear collection to benefit Dress for Success @DFSToronto

@Jeanne_Beker: @eyebobs Arghh! I got jinxed! Just left my Butch Eyebobs on the plane! How do I stop from losing all my cool reading glasses?!

@Jeanne_Beker: Left glasses on plane to Montreal. Merde! Ran into drugstore + got wacky light up glasses. Yikes!

@Jeanne_Beker: On the way to our @FyshUK campaign shoot with Chanel's fab make-up pro Julie Cusson, in JB glasses!

@Jeanne_Beker: First shots for @FyshNation eyewear campaign @Mackenzie_Photo

@BeingMarci
So delighted 2 be meeting w/ @jeanne_Beker on Wednesday! She truly is THE Canadian fashion icon!(no,not nervous about what to wear,um, sure)

@Jeanne_Beker: Don't fret! What impresses me most is kindness, generosity of spirit + positive energy! Clothes ALWAYS come a distant second. xx

Click your way to cool

Canadian label Moon launches e-commerce site

Canadian fashion label Moon has made a fresh landing online.

After a two-year exclusive collaboration with the Bay, the affordable homegrown brand has dedicated virtual boutique to showcase and sell apparel and accessories. The e-commerce site moonapparel.ca opened for business Sept. 15.

Moon's fall-winter collection for women features a colour palette of warm seasonal jewel tones against a backdrop of neutrals, colour blocking fashion and textured knits, while the holiday offerings aim to channel influence from '20s and '30s-era fashions.

The label has ties to Canadian fashion legend Alfred Sung.

Moon was the name of the Toronto boutique opened in the 1970s by the designer, and is also part of Sung's name.

Sung is a business partner and chief designer at Mimran Group Inc.

THE CANADIAN PRESS

Our little ones in leather

Baby bomber. Rudsak Kids collection set to be made available in stores and online by the end of September

After years of crafting apparel and accessories for adults, Rudsak is targeting the younger crowd with the launch of its latest line.

The homegrown leather goods brand is creating smaller-sized versions of its Canadian outerwear collection specifically for children.

The kids' jackets will feature similar style elements to the label's fall-winter line for adults, a range first unveiled on the runway earlier this year.

The children's collection will launch three styles: two named Lola and Lili designed for girls, with a third, Lulu, which will be unisex.

Styles set to be featured include oversized fur-trimmed hoods, a down-filled pongee coat, a puffer jacket with lamb leather sleeves and a bomber-style puffer jacket with leather sleeves retailing for $295.

Rudsak founder and creative leader Evik Asatoorian said the kids' line was the "next obvious step" for the brand, which launched in 1994, and he pointed to his own two boys as inspiration.

"I wanted to create Canadian-designed clothes for kids that keep them warm and comfortable at the same time, but also stylish and on trend with the current season," Asatoorian said in a release.

The Rudsak Kids collection is set to be made available in stores and online by the end of September.

The brand also plans to open three new locations in Quebec during the remainder of the year, with additional store openings forecasted for Toronto next year.

THE CANADIAN PRESS

SPECIAL INFORMATION FEATURE

It's the best of both worlds

Beer and food pairings. Stop by and treat yourself to a Cassel at The Wellington Gastropub

JEFF O'REILLY
For Metro

As more and more are people are discovering the many great craft beers our area has to offer, they will inevitably want to explore some of possibilities that pairing these new with great regional cuisine

It's a well-known fact that you will find the best of both worlds at The Wellington Gastropub. The term "gastropub" gained popularity in England in the early 1990s when the owners of The Eagles Pub in Clerkenwell (central London) grew tired of people's low expectations of the food in pubs (think "pub grub") and started to market their forward-thinking food menus with suitable pride. I have had some truly memorable and outstanding meals served in tiny country pubs tucked away in far away places in England, Wales and Ireland as they embraced the notion of freshness, quality and "local" cuisine hundreds of years before it became hip. Good taste is timeless and it will never go out of style.

In the bustling village of Wellington West, dozens and dozens of the city's trendiest eateries and bars can be found in a neighbourhood that is best described as a foodie's paradise. For six years "The Welly" has been wowing its guests with extraordinary dining experiences that find a comfortable niche, gracefully striding between elegant and casual, mixing traditional familiarity with exciting eclectic creative flare. A friendly and extremely knowledgeable staff are more than happy to recommend food and drink pairings with a seasonally changing (and impressively distinct) draft and bottled beer lineup.

On a recent visit I was very happy to find "new kid on the block" Cassel Brewing's flagship beer on tap there. After more than five years and 4,000 litres of sampling his home brews to his many thirsty (read "lucky") friends to perfect his recipes before finally opening the Casselman brewery in late July, brewmaster Mario Bourgeois has certainly found a winner with this welcoming and very accessible beer.

With an old-fashioned steam locomotive as its "logo," Cassel reminds us of a simpler time without the distraction of constantly buzzing smartphones.

Nathan proudly serves up Golden Rails Honey Brown with the diverse menu offerings of The Wellington Gastropub. JEFF O'REILLY/FOR METRO

Cassel Brewing's Golden Rails Honey Brown Ale (5.0 per cent alcohol by volume) pours an orange-hued copper with a thin, white head that dissipates quickly. Aromas of honey, bready malts, fragrant hops with hints of caramel and roast foretell flavours of sweet honey, toffee, lightly toasted nutty malts and mildly floral bittering hops that provide a very balanced and well-rounded soft stickiness, medium body and a short to medium finish. The staff from The Welly pair this beer with a wide variety of foods — from hearty meats and burgers to glazed duck and even spicy curries.

Very versatile, indeed.

Diners enjoy Harvest Noir last year. BYFIELD-PITMAN PHOTOGRAPHY

Harvest Noir. Magical, dining experience

SAMANTHA EVERTS
For Metro

While food is a pleasure, it's the mystery that takes the spotlight at Harvest Noir.

The secret pop-up-picnic/parade/feast has become legendary among Ottawa foodies and socialites since it first "popped" up last October at the Museum of Civilization.

"We've had to swear people to secrecy," organizer Greg Earle says of the elaborate plans for the second event. "It's utterly unique; (you) feel like you're part of a secret joke."

More than 1,000 people are expected to attend when the location is unveiled.

There is no need to bring lawn chairs, though, since this is a chic "dress-your-best-in-black" picnic feast.

"My partner just found a vintage 1940s hat," Earle says of his costume. Tuxedos are not necessary, but elegant all-black attire along with a sense of adventure is encouraged.

As for the food, the event is intended to celebrate the bounty of the fall harvest.

Last year, "It all looked really delicious," Earle says.

In fact, a flash mob at a local farmers' market will take place the day before so participants can choose the most local and seasonal produce possible to inspire them. Participants are responsible for bringing and creating their own menu with prizes awarded for the most decorated table.

"People have brought candelabras and fine dinnerware," Earle says.

After the dinner, a parade procession will lead guests to the indoor party destination with a klezmer marching band and stilt walkers leading the way.

"It's a magical experience," Earle says.

"It's literally a spectacle watching 1,000 elegantly dressed people dining together."

Harvest Noir is scheduled for Sept. 30, but the destination will be kept secret until the morning of the event.

For more information, see harvestnoir.com.

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A chickpea burger piled high with fresh veggies, pickle and garlic lemon sauce served with the Manx Pub's famous wedge french fries. SAMANTHA EVERTS/FOR METRO

Sharing a favourite secret

Pub. The Manx Pub provides a casual, cosy atmosphere

SAMANTHA EVERTS
For Metro

The Manx Pub is Ottawa's favourite pub destination, serving excellent food just a few steps below Elgin Street … but it's still kind of a secret.

An invite to go to the Manx conjures up images of friends sharing a pint and game of Scrabble, an indie band squished in the corner or queuing up for a coveted seat at Sunday brunch.

The casualness of the small and cosy atmosphere with booths and rich, wood walls make for a stellar date night, but on our lunchtime visit young families and businessmen were also chowing down.

Like any good English pub, there is some Indian influence in some of our favourite dishes. Instead of the grilled lamb curry wrap with mushrooms and caramelized onions we normally go for, we opted for the chickpea veggie burger (though the naan pizza was tempting).

We started with the seasonal tomato-basil with feta soup served with still-warm home-baked bread that was reminiscent to how grandma used to make.

The housemade burger with Lebanese-inspired spices and lemon garlic sauce came topped with fresh pickles, tomato and a few hot peppers. Grilled in a creamy pita, the portion was more than generous so we used a fork and knife to dig in. A side of their famous thick wedge potato fries or field green salad with beet spears and carrots came with it.

The staff was very friendly and knowledgeable, especially on drink recommendations. The Manx Pub features a large selection of craft beer, including Beaus and St. Ambroise on tap.

Be sure to check out the specials chalkboard as soon as you enter.

The Manx Pub is located at 370 Elgin St.

Taste a slice. Cheese for kickin' back and chillin'

CURD ON THE STREET
Vanessa Simmons
For Metro

My cheese pick this week is a reflection of the cheese maker herself.

Maggie Paradis of Fromagerie Les Folies Bergères in Saint-Sixte, Que., is laid-back, chill, goes with the flow (thus the cheese's name) and doesn't take life or herself too seriously (while remaining quite serious about making top-notch artisan cheeses).

Among the lineup of her famous soft cow, sheep and goat's milk cheeses, La Coulée Douce is a 100 per cent pure pasteurized, firm, small wheel sheep's milk cheese with an ivory, slightly open (shows small holes) paste and thin, rustic, golden-hued washed rind.

Creamy aromas complement rich, milky, slightly toasty and fermented fruit flavors with a grassy finish, making it the perfect match for Quebec iced or apple cider to wash the rind from neighbouring Verger Croque-Pomme.

Serve shaved on warm homemade peach or apple pie. Find La Coulée Douce at The Piggy Market (Westboro) or The Savour Ottawa Field House at Parkdale Market this season.

La Coulée Douce from Maggie Paradis of Fromagerie Les Folies Bergères. VANESSA SIMMONS/FOR METRO

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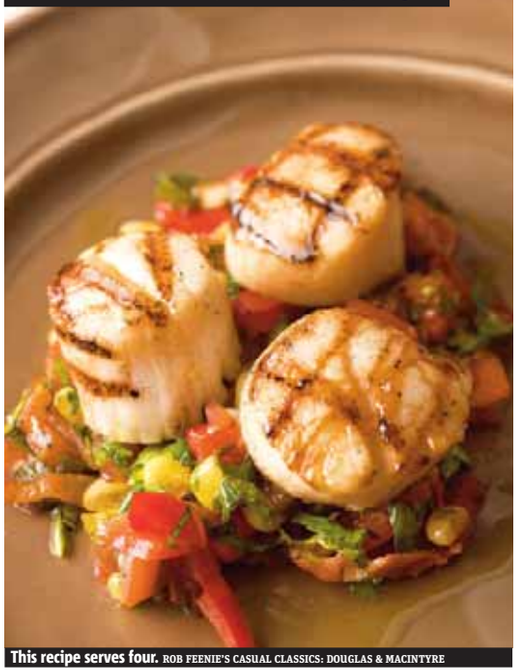
Hot, salty ragout complements flavours of scallops, other seafood

Grilled Scallops with Corn, Bacon & Red Pepper Ragout



This recipe serves four. ROB FEENIE'S CASUAL CLASSICS: DOUGLAS & MACINTYRE

Rob Feenie first wowed diners with his innovative tasting menus at the inventive Lumiere restaurant in Vancouver. Today, he creates delicious family-style recipes for Cactus Club restaurants with thousands of people of all ages enjoying his signature dishes.

But before he became Canada's first Iron Chef America champion, Feenie paid his culinary dues with stints at Alsace with Chef Emile Jung at Au Crocodile and Antoine Westermann at Buerehiesel, both Michelin three-star-rated restaurants, in Chicago with Charlie Trotter and in New York with Daniel Boulud and Jean-Georges Vongerichten.

Among the recipes in the chef's book Rob Feenie's Casuals Classics is this scallop dish.

"This dish makes an excellent starter for a meal or a nice lunch when served with a simple green salad," Feenie writes in the book. "I use Qualicum Bay scallops and peaches-and-cream corn, both of which are local products, but you can substitute other varieties of either.

"The hot and salty ragout is an especially good combination with scallops, but it's also delicious with baked halibut or grilled steelhead salmon."

Ingredients

- 1 tbsp soy sauce
- 1 tbsp rice vinegar
- 1 tbsp fresh lemon juice
- 2 slices smoked bacon, in 1/4-inch dice
- 1/2 cup diced red onions
- 1 cup corn kernels, cut off the cob
- 1/2 red bell pepper, in 1/4 inch dice (about 1/2 cup)
- 1 Thai chili, seeded and finely minced
- Juice of 1 lime (about 1 tbsp)
- 1 tbsp unsalted butter
- 12 large scallops (muscles removed from sides if present)
- 1 tsp extra-virgin olive oil
- 1 tbsp finely chopped cilantro

1. In a small bowl, combine soy sauce, rice vinegar and lemon juice. Set aside.

2. Heat a large frying pan on medium. Add the bacon and cook for 2 to 3 minutes, stirring, until crisp. Stir in onions, corn, bell peppers and chili and sauté for 2 minutes, then add lime juice and butter.

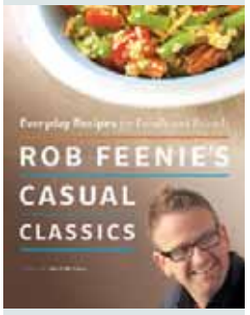
3. Season with salt and pepper, reduce the heat to low and simmer while scallops are cooking. (Or refrigerate the ragout in an airtight container for up to two days.)

4. Preheat a stovetop grill or a barbecue to medium-high. Warm a plate in the oven at 200 F. Pat scallops dry with paper towels and season with salt, pepper and a dash of olive oil. Grill scallops for 2 minutes, turn over and grill for another 1 minute. Transfer to the warm plate.

5. Divide the ragout evenly among 4 plates and top each serving with 3 scallops. Spoon about 2 tsp of the soy dressing over each plate and garnish with cilantro. Serve. **FROM ROB FEENIE'S CASUAL CLASSICS BY ROB FEENIE (DOUGLAS & MACINTYRE)**

Cookbook of the Week

Simple yet special



Rob Feenie, the longtime leader in the casual fine dining movement, reveals his favourite recipes in Rob Feenie's Casual Classics: Everyday Recipes For Family and Friends.

The book brings together the best innovative and approachable meals.

From such fundamental recipes as Roasted Tomato Sauce and Juicy Poached Chicken to globally inspired dishes like Barbecued Duck Spring Rolls, Quinoa Jambalaya and Braised Osso Buco, these are real-life modern classics that are adaptable to budgets, dietary restrictions and busy schedules. **METRO**

For those cool days. Easy Cream of Chicken Soup

"This soup makes me think of my early cooking days, around age 18, when I was apprenticing and had to make this dish for an exam," writes Rob Feenie in Rob Feenie's Casual Classics. "It also reminds me of a soup my mom made with turkey around Christmastime.

Garlic Croutons

1. Preheat oven to 325 F. Place bread cubes in a medium bowl.

2. In pot, heat olive oil on medium-low, add garlic and stir constantly, for 1 to 2 minutes.

3. Pour garlic oil over bread, toss lightly and mix in Parmesan. Add black pepper and salt. Arrange bread cubes on a baking sheet and bake for 10 minutes, or until golden brown. Remove from oven; set aside.

Chicken Soup

1. In bowl, combine butter and flour to form a smooth paste. Set aside.

2. In a large pot, bring chicken stock to a boil on medium-high heat. Reduce the heat to a simmer and stir in whipping cream (or milk). Whisk in the butter-flour mixture, then cook, stirring often, for at least 10 minutes, until flour is cooked and soup has thickened slightly. Add chicken and heat through. Season with salt to taste.

3. Ladle soup into bowls, top with croutons and sprinkle with Cheddar, and serve. Refrigerate leftover soup in an airtight container for up to 3 days.

Ingredients

Garlic Croutons
- 1/2 baguette, in 3/4 inch cubes
- 1 tbsp extra-virgin olive oil
- 1 tsp chopped garlic
- 1/3 cup freshly grated Parmesan cheese
- 1/2 tsp cracked black pepper
- Pinch of Maldon salt

Chicken Soup
- 2 tbsp butter, softened
- 2 tbsp all-purpose- flour
- 8 cups chicken stock
- 1 cup whipping cream or whole milk
- 1 1/2 cups shredded poached chicken (page 108 of Rob Feenie's Casual Classics for recipe)
- 1/2 cup grated aged white Cheddar cheese

FROM ROB FEENIE'S CASUAL CLASSICS BY ROB FEENIE (DOUGLAS & MACINTYRE)

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It's starting to smell like fall

Fragrances. These days there are endless ways to add a special scent to your home

When the lazy days of summer give way to hectic fall schedules, there is nothing like dashing in from the cold and being enveloped by a home filled with delicious smells.

Home fragrance products have exploded into a $5 billion industry, with candles, diffusers, room sprays and oils offered everyplace from drug stores to high-end retailers. There are many use-what-you-have, do-it-yourself options as well.

The idea is to create an inviting, comforting and calming environment, whether you're having 20 people for a sit-down dinner or simply hanging out on the couch for the evening.

"This is a time when people are spending more time at home, and they want that cosy, holiday, warm feeling, and maybe you want that even when you're not entertaining — you want it on a Tuesday night when you're watching TV," said Jessica Romm, lifestyles editor at Martha Stewart Living.

"Fragrance is a really nice way to do that."

Once comprised mostly of candles and potpourri, the home fragrance market took off in the mid to late 1990s, and retail sales in the United States hit a high of $5.3 billion in 2011, according to Karen Doskow, industry manager for consumer products at Kline and Co., a market research company in Parsippany, N.J. Sales last year were up four per cent over 2010, she said.

Today's offerings include candles, room sprays, reed and plug-in diffusers, wax melts, essential oils, and old standards like drawer liners and sachets. Many products now offer a more sophisticated scent and they're more decorative as well, Doskow says.

Just as there are scores of scents to choose from (Yankee Candle has about 200 candle fragrances), the prices vary greatly. "It can range from a Renuzit adjustable (air freshener) for 99 cents up to a Jo Malone scented candle that's in excess of $100," Doskow adds.

In fact, Jo Malone's luxury candle offers 230 hours of burn time and sells for $425, while a large Yankee Candle that offers up to 150 hours of scent costs $27.99. Crabtree & Evelyn has scented sprays for $19, while French perfumer Frederic Malle's "perfume gun" spray sells for $145.

Whatever your budget, try to capture the natural smells of the season in a simple and minimal way, Romm says. She mentions masculine scents like wood and leather, and the smells of seasonal fruits and vegetables, such as pumpkin, apple, pear and squash.

"You'd think about meals that you're cooking or things you would have around — fruits of the season or spices you might use," Romm said. "Our philosophy in terms of home fragrance is to not battle or compete with what you would naturally have in your home during the fall."

As winter arrives, a fresh Christmas tree is great, Romm says, but without one, you can introduce the smell of pine, or eucalyptus, and spices like clove and cinnamon.

A good way to carry fragrance through your home is to use multiple products at once, says Hope Margala Klein, executive vice-president for brand, design and innovation at Yankee Candle.

"We recommend a layered approach, with the candle being the focus," she said.

About an hour before guests arrive, a host might light a candle — or a no-flame alternative if kids or pets are an issue — in each of the major entertaining spaces, such as the kitchen, dining room and great room, and accent those with diffusers. "By the time guests get here, the house smells amazing," Klein says.

Don't forget to add a glow to the bathroom, where you may also want to display a can of room spray for a concentrated burst of fragrance if needed, she recommends.

The amount of scent you should use depends on the size of your home.

"People who have enormous rooms would probably need more," Klein said. "Or if you're living in a small apartment in New York City, you could probably do one candle for the whole place. You don't want it to overpower folks."

One scent can be used throughout the home for an intense smell, or you can combine scents. "People will create their own recipes for what they think is great," Klein said.

Romm is partial to DIY home fragrance, like setting a pot of apple cider with cinnamon or cloves to simmer on the stove, displaying a pretty bowl of cinnamon sticks, or drying sliced apples on parchment paper in the oven on low heat.

"You can serve it just as guests are arriving so that smell fills your home," she said. THE ASSOCIATED PRESS

1

Yankee Candle Signature Reed Diffuser in Spiced Pumpkin

2

Jo Malone London Luxury Candle in Pomegranate Noir

3

Yankee Candle Home Fragrance Oil in Macintosh

4

Glade's Seasonals Fall Plugins Scented Oil 2 CT Refill Maple Pumpkin Twin pack 1.34 oz.

5

Glade's Fall Collection Blackberry Jam Candle

6

Glade's Seasonals Fall 9.7 oz. Premium Room Spray scented with Maple Pumpkin

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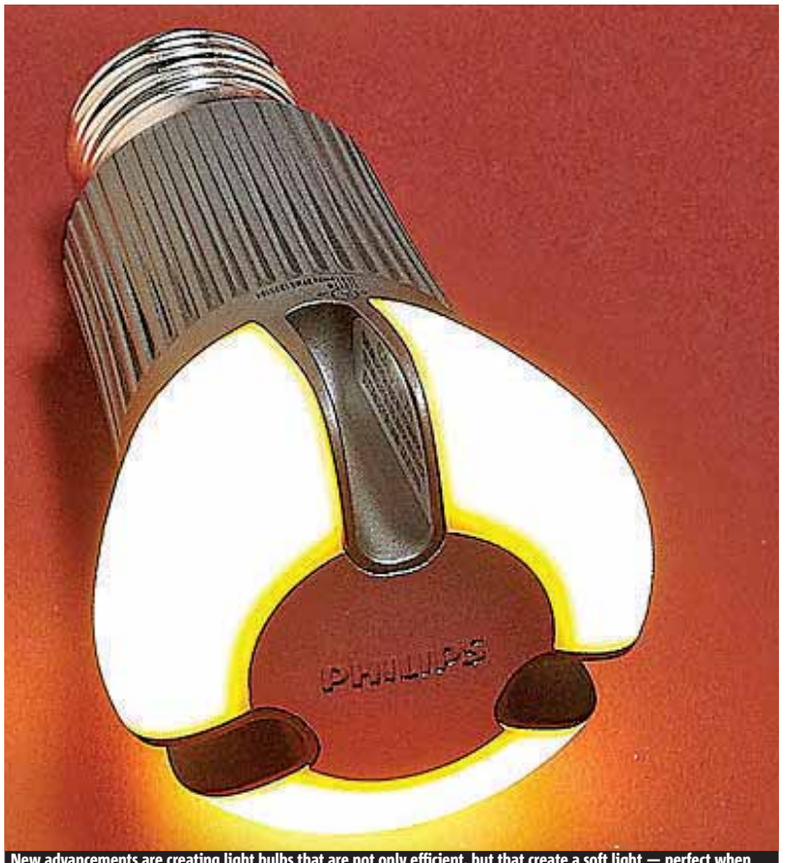


New advancements are creating light bulbs that are not only efficient, but that create a soft light — perfect when decorating a room. ISTOCK IMAGES

Lighting: A decorator's best friend

Design Centre. It's time to warm up to the new LED light bulbs

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Every great decorator will tell you that lighting is one of the most important elements to having a beautiful room.

Without a true soft light, the finest furnishings and fabrics can look all wrong.

The past few years have been difficult for decorating enthusiasts as more and more provinces are regulating to phase out the soft light from the old incandescent bulbs.

British Columbia and Nova Scotia are two provinces leading the way to phase them out and introduce more efficient options. As time goes on, more and more regulations will be put in place to introduce a more efficient, safer bulb to use.

I've always been reluctant to use the new style of LED lighting when decorating as I thought the light would be too harsh, bright and cool in colour.

New advancements are creating bulbs that are not only efficient, but that create a soft light; similar to what we've always been used to.

The Philips Ambient LED Bulbs offer up a soft white light similar to the light you get with the old incandescent bulbs, last more than 20 times longer and use only about 20 per cent of the energy of a regular incandescent bulb.

The new LED bulbs fit the regular socket styles for fixtures and the good news is that it can be dimmed; allowing homeowners to use their existing light fixtures, create a designer look and ambience in a room.

When I heard of this new technology I quickly went out and purchased some of the bulbs.

They were not an inexpensive investment (the new bulbs range from $18-38 each) but considering the energy they will save over time and the fact that I won't have to get back on the ladder to change the bulb for another 20 years made me a very happy decorator.

LED bulbs facts

- LED bulbs can save more than 80 per cent energy.
- An LED bulb lasts over 20 years, outlasting about 20 of the old style bulbs.
- The Philips Ambient LED Bulbs can be dimmed to create many ambient looks in a room.
- You don't need to change your regular socket-style light fixtures to accommodate the new LED bulbs.

There's a few theories on tear-free onion cutting

How do I cut an onion so that I don't cry?

CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Well there are many different theories out there, and each chef has his or her own, but, first, why do onions make us cry to begin with?

When you cut into an onion, it releases a gas.

Once the gas gets to your eyes, it triggers a blinking and tearing effect in order to push the gas out from the eyes. So how do we stop this? Well here are a few ideas.

• I have watched many food prep people in professional kitchens put the onions in the refrigerator. They believe that the cold onion helps slow down the irritation that causes crying.

• Some people say to avoid the gas, chop the onions under running water, but I have never understood how you dice an onion under cold running water.

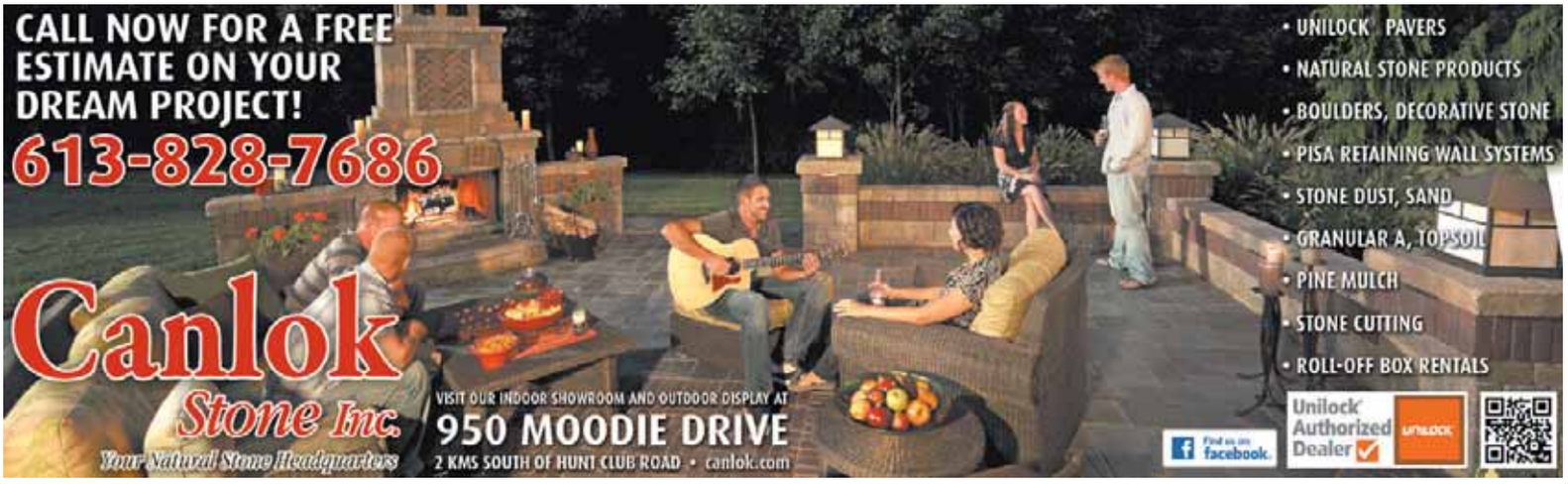
• Some websites suggest wearing lab goggles, or snorkelling goggles. This might work, but I would sure feel funny dressed like that in my kitchen!

• There are those that suggest a candle near by to burn off the gasses

• And finally, me. What does the Butler do? Well, I just like to cry it out!

Signed,
The Teary-eyed Butler

Wouldn't you feel funny dressed like this in the kitchen? ISTOCK IMAGES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Time to call in the chimney sweep

A matter of safety.
Experts recommend chimneys be inspected, cleaned annually

People are drawn to a fire, whether they're roasting marshmallows around a campfire during the summer or cuddling up near the fireplace in the dead of winter.

And just as you take precautions outdoors, there are things you should do to make sure your fireplaces and chimneys are safe.

Fires built in fireplaces or wood stoves leave a gummy residue, called creosote, that can stick to the lining of your chimney. Creosote — created by soot, smoke, gases and other particles — is flammable, and can be the source of a dangerous chimney fire.

Experts recommend that chimneys be inspected every year by a certified chimney sweep and cleaned if necessary. The cost can range from $100 to $300 or higher.

Cleaning a chimney is not a do-it-yourself project, says Kit Selzer, a senior editor at Better Homes and Gardens.

It's a dirty job, and it also can be risky, especially if you have to climb onto the roof.

Chimney sweeps are trained to determine whether chimneys are structurally sound and whether they need to be cleaned, said Ashley Eldridge, education director for the Chimney Safety Institute of America. They also will make sure the chimney is up to code, especially important in older houses.

"Each job is different," said Christina El-Hage, a certified sweep with Pride Clean Chimney Sweeps in Bethesda, Md., but there are some basics.

"We're looking to make sure the flue is fully safe," she said.

"We're making sure there are no third-degree burns of creosote on the lining."

Chimney sweeps also check to see if there are any birds or animals in the chimney, or anything that would block the flow of smoke. Cleaning the chimney involves removing creosote.

When thinking of chimneys, El-Hage says, many people focus on the one attached to the fireplace.

"Yes, they can catch on fire, but we're not dealing with a deadly gas, carbon monoxide," she says, as is the case with chimneys leading from furnaces. Whether they burn oil or gas, furnaces vent carbon monoxide outside into the atmosphere, and those chimneys, too, need to be inspected.

There are steps you can take at home to reduce creosote buildup and the risk of a chimney fire.

Foremost is picking dry wood to burn, Eldridge said. To determine whether wood is sufficiently dry, "take two pieces and bang them together. You get almost a ring as an indication its ready. If not, it's a dull thud," he said.

Don't throw pizza boxes or other trash in the fireplace, El-Hage said, because it causes a thicker smoke, which lowers the temperature in the chimney.

And to reduce the risk of a spark flying out of the fireplace, use a screen and stay in the room while the fire is burning.

THE ASSOCIATED PRESS

CSIA Certified Chimney Sweep, Jeffery Peterson of Potomac Services, sweeps a chimney in Sterling, Va., in September 2009.
THE ASSOCIATED PRESS/CHIMNEY SAFETY INSTITUTE OF AMERICA

In numbers

26,900

Between 2005 and 2008 in the U.S., an average of 26,900 fires annually were blamed on fireplaces or chimney conectors, according to the Consumer Product Safety Commission.

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Make the most of the open wall space in your bathroom by installing shelves and towel racks. ISTOCK IMAGES

Tiny bathroom? Here are some unique ideas to create extra storage

DIY ideas. There are ways to make a cluttered space more bearable

A small bathroom is a difficult problem. If you aren't ready to tear down your walls and renovate, try these unique ideas and clever solutions to create extra storage room in your bathroom — guaranteed to make your morning routine less stressful.

Contain It

Use baskets, bins and trays to stay organized and reflect the look of your home. If you're on a budget, try using household objects in a whole new way, like a cutlery tray to hold make-up or a plastic shoe box for medical supplies. With both of these items you can rinse them out if anything leaks. You can also re-use tall, narrow vases to hold hairbrushes and combs.

Make More Counter Space

If you're constantly balancing toiletries on the edge of the sink, it's time to give yourself more room.

Install a ledge-style shelf over the sink, but underneath the mirror, to lay out cosmetics or toothbrushes. This small piece will add convenience to the room, and style depending on the type of shelf you choose.

Open It Up

Installing a shelving unit can be incredibly practical, but may make an already small room feel more cramped. Instead, find or build a shelf unit with clear glass shelves and a mirrored back. This will keep the room feeling open and adds stylish options for any décor displays.

Character Finds

A great way to stay on a budget, stay true to your design taste and add practical storage to your bathroom by combing antique markets and yard sales. Cookie tins, tool boxes, bushel baskets, tea canisters and more can be used to store your bathroom supplies in a unique way. You can then put these fun storage containers out in the open.

Hang It

Who says a side table needs to stay on the ground? Find a small bedside table with doors for storage and hang it on your bathroom wall as a medicine cabinet. Paint it a fun colour to match the décor of the room. Think outside the box about other household items that could be used as storage if only they were hung on a wall – then take credit for your creativity!

Use All Vertical Space

Make the most of open wall space in your bathroom by installing floating shelves all the way up the wall. These are inexpensive, easy to install, and offer many storage and display options.

GET MORE INSPIRATIONAL IDEAS LIKE THESE TO TURN YOUR HOME BATHROOM INTO A SPA EXPERIENCE WITH BATH CRASHERS AND I HATE MY BATH ON DIY NETWORK CANADA, AIRING BACK-TO-BACK ON WEDNESDAYS AT 10PM ET/PT.

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According to research done by a professor at the University of Guelph, real estate ad phrasing has a strong effect on the sale price and a home's time on the market. Here are some phrases that can improve the chances of a home's sale, and some a seller should never use.

BUZZ WORDS FOR YOUR HOME LISTING

THE BEST

Beautiful/gorgeous
According to the study, homes that were called "beautiful" sold, on average, 15 per cent faster. While most home buyers are thrilled to get a bargain, they still put a major emphasis on the condition of a home and its aesthetic appeal.

Move-in condition
This tells a home buyer that your home needs no repairs, changes or moderations; it is perfect and ready to be lived in as soon as you hand over the keys. "I have visited many homes that use this phrase in their listing and again and again I'm impressed with the condition of the home. This is the magic phrase for me, but also not an expression that should be used lightly," says Martin Rygiel, sales director at the ComFree Network, Canada's largest commission-free real estate organization

Turnkey
"Any time I see the word 'turnkey' the pictures that go with the listing tend to reveal a home that is in fantastic condition," he says. "Another word that also catches my eye is 'immaculate'; tell me a home is immaculate and mean it, and there's a good chance I will want to check it out." Again, keep in mind that if you use this word, your home must live up to it.

Curb appeal
When a home is listed with the words "curb appeal" many home buyers perk up with anticipation. Words like "landscaping" also did well in the survey because a home that is beautiful inside and outside appeals to the masses.

Gourmet kitchen
There is no doubt that the kitchen is one of the most important, if not the most important room in a home. So it is no surprise to learn that words like "granite" and "gourmet kitchen" translated into a higher sale price. If your kitchen isn't a gourmet one, do minimal upgrades and use another proven phrase with homeowners like "newly remodeled".

Be careful what you write on your home listing — it has a strong effect on the sale. NEWSCANADA.COM

THE WORST

Motivated
While you might expect a word like "motivated" to indicate that the homeowner is willing to negotiate on price, it seems this word has the opposite effect. It makes sense for the seller to focus more on the listing and less on describing themselves personally.

Must sell
Unfortunately, the use of "must sell" implies that the home seller is desperate and that there must be something wrong with the place. This, in turn, leaves the home for sale on the market for longer than it would otherwise be. This term could convey that there is something wrong with the home or that it was overvalued to begin with.

Good value
According to Rygiel: "We've seen customers try to list their homes using the phrase 'good value' and we always advise against it. To a potential buyer, this phrase translates to 'not much to look at but a bargain for the price'."

Starter home
When a potential home buyer sees the words "starter home" on a listing, they immediately imagine a tiny home made for 1.5 people. It indicates that the property is small and economical for first time home buyers. The pitfall of saying "starter home" would be that you are only appealing to a certain portion of buyers instead of the whole market. Add the square footage of the home in the listing rather than using those words which have a negative connotation.

Freshly painted
You've invested a couple hundred dollars to paint your home and prepare it for sale and you think it looks pretty darn good. If you put the promise of a house as 'freshly painted,' potential homebuyers might wonder if that's the only thing that has recently been revamped.

NEWSCANADA.COM

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LIST: $295
6/3 LITER FLUSH • LINED TANK POWERFUL FLUSH
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24" to 30" Solid Wood Vanities
STARTING AT: $299
TOP INCLUDED SOLID WOOD CONSTRUCTION FAUCET SOLD SEPARATELY
Valid until Sept 27, 2012
1000 Gram Dual Flush Toilet
SALE PRICE: $245
LIST: $595
16" OR 18" HEIGHT!
1 PIECE TOILET • HIGHEST MAP TEST RATING INSULATED TANK • 6/3 LITER FLUSH SOFTCLOSE SEAT INCLUDED
Valid until Sept 27, 2012
Clawfoot Tub
BLOWOUT:
SALE PRICE: $695
LIST: $1695
67" OR 61" LENGTH AVAILABLE • LUCITE ACRYLIC FINISH • INCLUDES WASTE AND OVERFLOW • FAUCET SOLD SEPARATELY
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36"x36" Corner Shower and Base
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LIST: $1900
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Guidelines for pre-approval

Financial review.
Find out what you can and can't afford when looking for a home

YLVA
VAN BUUREN
For Metro

Getting a pre-approved mortgage before you start shopping for a house or condo is a good idea because it lets you know what you can — and can't — afford.

A pre-approved mortgage is a tentative determination by a lender to loan you a certain amount of money, explains Brenda Hiscock, a member of Advocis, the Financial Advisors Association of Canada, and a certified financial planner with Guilfoyle Financial Planning Inc.

The amount is based on a review of your finances, and the confirmation with fixed interest rate is good for 90 to 120 days.

"But pre-approval doesn't mean that you're approved by the lender," says Jared Dreyer, president of the Mortgage Brokers Association of B.C. and an accredited mortgage professional at VERICO Dreyer Group Mortgages, Vancouver. "What it means is that you have the ability to go out and make an offer with the condition of financing."

There are a number of specific guidelines you must meet before you are pre-approved for a mortgage. PHOTODISC/THINKSTOCK

How does the lender determine how much you qualify for?

There are some very specific guidelines, says Hiscock. Monthly housing costs (mortgage payments, property taxes and heating) should not be more than 32 per cent of your gross monthly income (combined if it's a couple). Also, your entire monthly debt load (housing costs and other debt payments such as car payments and credit card payments) should not be more than 40 per cent of your gross monthly income.

Here is the type of information you need to provide a lender when you are looking to get a pre-approval:

- Personal identification;
- Confirmation of salary (if you are self-employed, tax returns from the last three years);
- Proof of other sources of income (such as investment income);
- Information about all bank accounts, loans and other debts;
- Proof of all financial assets such as GIC's, RRSP's, etc.;
- Source and amount of down payment and deposit funds;
- Proof of source of funds to cover the closing costs (usually between two and four percent of the purchase price).

Visit the Financial Consumer Agency of Canada (fcac-acfc.gc.ca/eng/resources/publications) for more information about getting pre-approved for a mortgage.

Shop around for best lender

If you are starting the process of buying a house, talking to your bank about its mortgage options is always a good starting point, especially if you have an established relationship with someone there.

But experts say it's important to check out other lenders for information, too.

Banks, mortgage companies, insurance companies, loan companies and credit unions all sell mortgages.

Remember that you are entering into a potential 25-year relationship, says Brenda Hiscock, a member of Advocis, the Financial Advisors Association of Canada, and a certified financial planner with Guilfoyle Financial Planning Inc.

"Make sure you are comfortable, and feel trust with the institution, and the person you are dealing with."

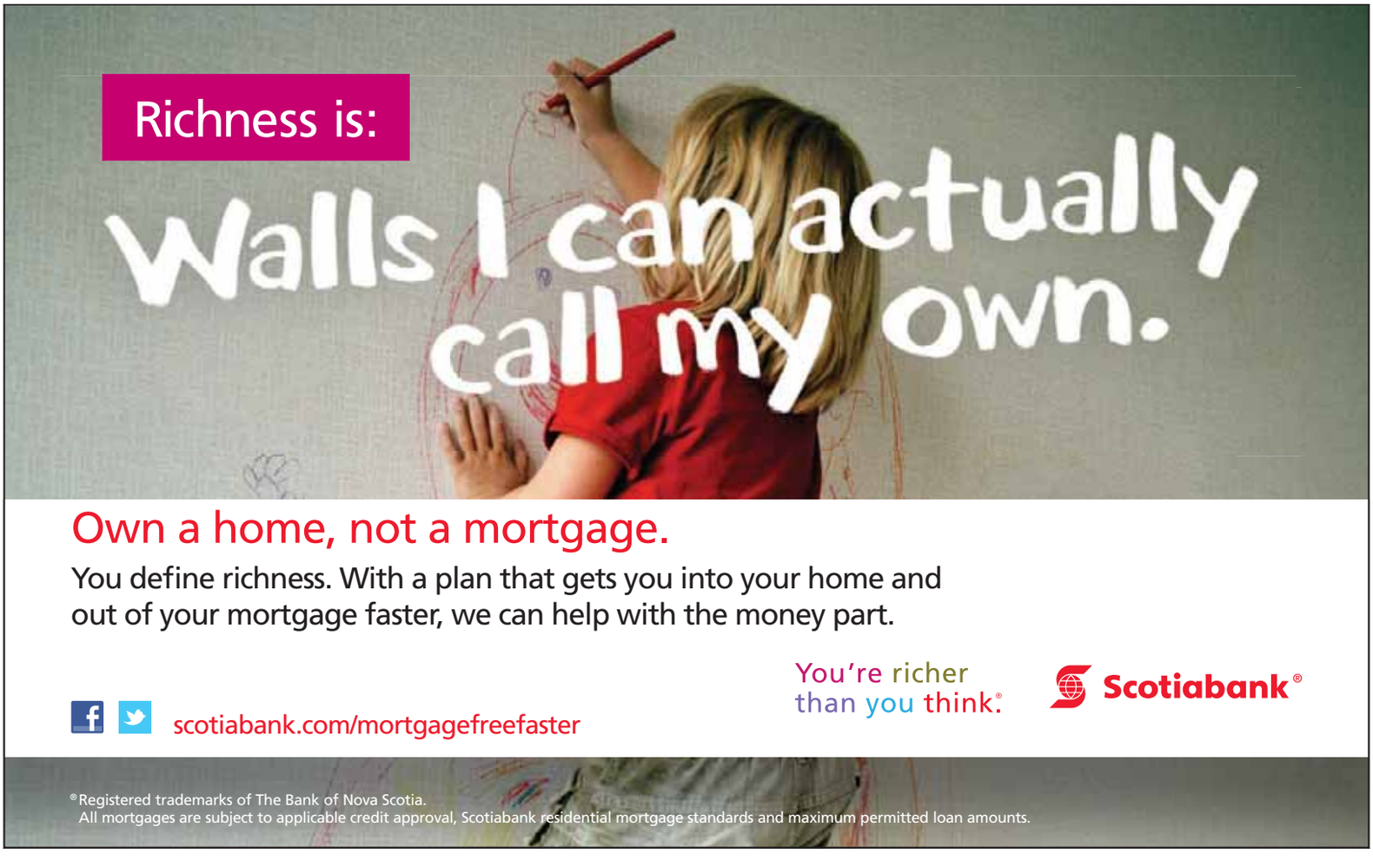
Some of the mortgage options you should ask about include:

- Pre-payment — Can you apply a lump sum payment every year?
- Terms — What mortgages are available (open or closed, variable or fixed) and for what terms?
- Conditions — If you have to break the mortgage early, what would the penalty be?

YLVA VAN BUUREN

Mortgage brokers

- If you want someone else to find the best rate for you, you should speak to a mortgage broker.
- A mortgage broker deals with many different lenders and can offer several choices. For example, brokers deal with private lenders so there may be more options available to those with poor credit or unstable income history.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SPORTS 4

Omar Vizquel watches his eighth-inning double against the Yankees in New York on Wednesday. The hit moved the Toronto infielder ahead of Babe Ruth on the all-time hits list. BILL KOSTROUN/THE ASSOCIATED PRESS

Sweet day for Vizquel at Yankee Stadium

MLB. 45-year-old infielder passes Babe Ruth in career hits

There was a chocolate bar sitting on the top shelf of Omar Vizquel's locker just after the Jays 4-2 loss at Yankee Stadium Wednesday afternoon.

Not just any chocolate bar; it was a Baby Ruth.

Vizquel, and the growing number of reporters descending on his locker, knew the connection immediately. Vizquel had just tied, and surpassed, Babe Ruth on baseball's all time hits list.

"Somebody put it there, I don't know who," a beaming Vizquel said as he drove out two hits to reach 2,874 in his career, and pass the Babe into sole possession of 41st all time.

Vizquel's amazing feat brought some levity to the Jays locker room, and franchise for that matter, after the Yunel Escobar suspension Tuesday.

Escobar was suspended three games for a homophobic slur he wrote on his eye-black stickers over the weekend. He is not allowed to be with the team at the ballpark during his ban.

The Jays lost for the fifth time in their last seven games, and couldn't quite manage enough run support for a very good Henderson Alvarez, so a dose of good news was welcome to say the least.

Vizquel, at 45, and with a career that spans three decades in the major leagues, slapped a single off Andy Pettitte in the fourth to tie Ruth, then went past him with a double off David Robertson in the eighth.

Alvarez started slowly, allowing three runs on three hits and a sacrifice-fly in the first, then limited the Yanks to just two more hits over the next six innings. He said he simply got more aggressive with his fastball and changeup, and the result was a third straight strong outing.

But the Jays tapped out just four hits over five innings off Pettitte, who was making his first start in 72 games due to a leg injury.

They came alive off Robertson in the eighth, with four hits, but still failed to deliver a knockout inning.

So, as the Yankees scored an insurance run in their half of the eighth inning, the Jays were left to celebrate Vizquel's accomplishment.

"Mentioning my name next to his (Ruth) makes me feel so little. Never in my career, and its been a long one, did I think I'd get to compare my hits to the Babe, it's an amazing feeling," said Vizquel.

TORSTAR NEWS SERVICE

Quoted

"I think when you get enough hits to tie one of the greatest hitters of all time, it's an amazing feeling."

Jays infielder Omar Vizquel, who surpassed Babe Ruth on baseball's all-time hits list, reaching 2,874 with two hits on Wednesday.

NFL

Twitter threats not getting to Morgan

Washington Redskins receiver Joshua Morgan felt the full downside of the social media age this week, receiving death threats and other venomous messages on Twitter because of his fourth-quarter blunder in a loss to the St. Louis Rams.

"I heard everything, especially when they get you on Twitter and are sending you death threats and wishing you bad things and your firstborn," Morgan said. "You never let it get to you, especially with me being from D.C."

Morgan received a penalty for throwing the ball at Cortland Finnegan, costing the Redskins field position during the team's final drive in Sunday's 31-28 loss. THE ASSOCIATED PRESS

NFL

Manning returns to practice after 1st loss with Broncos

If Peyton Manning is sore, he's not saying. If his confidence is waning, he'd be the last to let anyone know.

Back practising following his first loss as a Denver Bronco, Manning wouldn't offer much Wednesday when asked if the hits he took against Atlanta had any lasting impact.

"I've never really answered that question before. So, I'm full participation in practice," Manning said. THE ASSOCIATED PRESS

Broncos quarterback Peyton Manning. THE ASSOCIATED PRESS FILE

Mobile sports

Cricket

The road to the 2013 World Baseball Classic starts this week and it will be anything but easy for Canada. A 16-team qualifying round for the event begins with the top squad from each four-team pool locking up a spot in next year's Classic.

Spezza taking his talents to Swiss League

Senators centre Jason Spezza will join Pperswil-Jona of the Swiss A League during the NHL lockout. CLAUS ANDERSEN/GETTY IMAGES FILE

Jason Spezza is on his way to Switzerland.

The Ottawa Senators forward has signed on with Rapperswil-Jona for the duration of the NHL lockout, joining fellow Canadians Logan Couture (Geneva-Servette) and Rick Nash and Joe Thornton (HC Davos) in the Swiss A League.

Spezza is coming off a strong season with the Sens, where he scored 34 goals and 84 points in 80 games.

The 29-year-old spent the 2004-05 lockout in the American Hockey League — winning the MVP award — and indicated last week that he'd talked to a number of players who went to Europe during that lost season.

"A lot of guys went over last time and played and enjoyed it," said Spezza. "And I think that message has kind of trickled down."

THE CANADIAN PRESS

Games lost

The NHL announced the cancellation of pre-season games through Sept. 30, as well as the postponement of the Kraft Hockeyville pre-season game scheduled for Oct. 3 in Belleville, Ont.

- NHL employees were informed Wednesday that their salaries are scheduled to be cut 20 per cent across the board. That will come into effect on Oct. 1, when full-time staff are reduced to a four-day work week.

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	84	63	.571	—
Baltimore	84	64	.568	½
Tampa Bay	78	70	.527	6½
Boston	68	81	.456	17
Toronto	66	80	.452	17½

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	81	66	.551	—
Detroit	78	69	.531	3
Kansas City	66	81	.449	15
Cleveland	61	87	.412	20½
Minnesota	61	87	.412	20½

WEST DIVISION

	W	L	Pct	GB
Texas	87	60	.592	—
Oakland	84	63	.571	3
Los Angeles	81	67	.547	6½
Seattle	70	79	.470	18

Wednesday's results
N.Y. Yankees 4 Toronto 2 (1st game)
Minnesota at Cleveland
Oakland at Detroit
Toronto at N.Y. Yankees (2nd game)
Boston at Tampa Bay
Chicago White Sox at Kansas City
Texas at L.A. Angels
Baltimore at Seattle
Tuesday's results
Baltimore 4 Seattle 2 (18 innings)
Boston 7 Tampa Bay 5
Chicago White Sox 3 Kansas City 2
Detroit 12 Oakland 2
L.A. Angels 11 Texas 3
Minnesota 6 Cleveland 5 (12 innings)
Toronto at New York (ppd., rain)
Thursday's Games — All Times Eastern
Minnesota (Vasquez 0-2) at Cleveland (Kluber 1-4), 12:05 p.m.
Oakland (Milone 13-10) at Detroit (A.Sanchez 3-5), 1:05 p.m.
Toronto (Laffey 3-5) at N.Y. Yankees (P.Hughes 15-12), 7:05 p.m.
Boston (Buchholz 11-6) at Tampa Bay (Price 18-5), 7:10 p.m.
Chicago White Sox (Liriano 6-11) at Kansas City (Guthrie 4-3), 8:10 p.m.
Texas (Darvish 15-9) at L.A. Angels (Greinke 5-2), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	90	57	.612	—
Atlanta	85	64	.570	6
Philadelphia	74	74	.500	16½
New York	66	81	.449	24
Miami	66	83	.443	25

CENTRAL DIVISION

	W	L	Pct	GB
Cincinnati	89	59	.601	—
St. Louis	78	70	.527	11
Milwaukee	75	72	.510	13½
Pittsburgh	74	73	.503	14½
Chicago	58	90	.392	31
Houston	48	100	.324	41

WEST DIVISION

	W	L	Pct	GB
San Francisco	85	63	.574	—
Los Angeles	76	72	.514	9
Arizona	73	74	.497	11½
San Diego	71	77	.480	14
Colorado	58	89	.395	26½

Wednesday's results
Washington 3 LA Dodgers 1 (1st game)
Milwaukee at Pittsburgh
Atlanta at Miami
Philadelphia at N.Y. Mets
LA Dodgers at Washington (2nd gm)
Cincinnati at Chicago Cubs
Houston at St. Louis
San Diego at Arizona
Colorado at San Francisco
Tuesday's results
Arizona 3 San Diego 2
Cincinnati 3 Chicago Cubs 1
Miami 4 Atlanta 3 (10 innings)
Milwaukee 6 Pittsburgh 0
San Francisco 6 Colorado 3
St. Louis 4 Houston 1
LA Dodgers at Washington (ppd., rain)
Philadelphia at New York (ppd., rain)
Thursday's games — All Times Eastern
Houston (B.Norris 5-12) at St. Louis (J.Garcia 4-7), 1:45 p.m.
Cincinnati (Cueto 17-9) at Chicago Cubs (Berken 0-1), 2:20 p.m.
San Diego (Richard 13-12) at Arizona (Skaggs 1-2), 3:40 p.m.
Colorado (J.De La Rosa 0-0) at San Francisco (Zito 12-8), 3:45 p.m.
Milwaukee (Fiers 9-8) at Pittsburgh (W.Rodriguez 11-13), 4:05 p.m.
L.A. Dodgers (Capuano 11-10) at Washington (Detwiler 9-6), 7:05 p.m.
Philadelphia (Cloyd 1-1) at N.Y. Mets (Hefner 2-6), 7:10 p.m.

YANKEES 4, BLUE JAYS 2

FIRST GAME

Toronto	ab	r	h	bi	New York	ab	r	h	bi
RDavis rf	5	0	1	0	ISuzuki lf-rf	4	2	3	0
Rasms cf	4	0	0	0	Swisher 1b	4	1	2	1
Lawrie 3b	5	1	1	0	Cano 2b	4	1	2	1
Lind 1b	4	0	2	0	AlRdrg dh	3	0	0	1
McCoy pr	0	1	0	0	Grndrs cf	2	0	0	1
Arencii c	1	0	0	0	RMartn c	3	0	0	0
Mathis c	3	0	0	0	ErChvz 3b	3	0	0	0
KJhnsn ph-2b	1	0	1	1	Ibanez rf	2	0	0	0
Sierra dh	3	0	1	0	AnJons ph	1	0	0	0
Vizquel 2b-1b	4	0	2	1	Dickrsn lf	0	0	0	0
Hchvrr ss	4	0	2	0	ENunez ss	3	0	0	0
Gose lf	3	0	0	0					
Totals	**37**	**2**	**10**	**2**	**Totals**		**29**	**4**	**7**	**4**

Toronto	000	000	020	— 2
New York	300	000	01x	— 4

E—Swisher 2 (6). DP—Toronto 1, New York 1. LOB—Toronto 11, New York 2. 2B—Lawrie (24), Vizquel (4), Hechavarria (5), I.Suzuki (23), Cano (42). SF—Granderson.

Toronto	IP	H	R	ER	BB	SO
H.Alvarez L,9-13	7	5	3	3	0	7
Oliver	1	2	1	1	0	0
New York						
Pettitte W,4-3	5	4	0	0	2	3
Rapada	0	1	0	0	0	0
D.Lowe H,1	1	0	0	0	0	0
Chamberlain H,4	2-3	1	0	0	0	0
Logan H,23	1-3	0	0	0	0	0
D.Robertson H,29	2-3	4	2	2	0	2
R.Soriano S,41-44	1 1-3	0	0	0	1	2

Rapada pitched to one batter in the sixth.
T—2:41. A—39,859 (50,291) at New York.

CFL

WEEK 12

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Montreal	11	7	4	0	301	327	14
Toronto	11	6	5	0	278	274	12
Hamilton	11	4	7	0	341	347	8
Winnipeg	11	2	9	0	203	365	4

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
B.C.	11	8	3	0	298	204	16
Calgary	11	7	4	0	312	257	14
Saskatchewan	11	5	6	0	284	234	10
Edmonton	11	5	6	0	247	256	10

Sunday's result
Montreal 28 Saskatchewan 17
Saturday's results
B.C. 28 Toronto 23
Hamilton 51 Edmonton 8
Friday's result
Calgary 44 Winnipeg 3
WEEK 13
Friday's game — All Times Eastern
Hamilton at Winnipeg, 8 p.m.
Saturday's game
B.C. at Edmonton, 7:30 p.m.
Sunday's games
Toronto at Montreal, 1 p.m.
Calgary at Saskatchewan, 4 p.m.

PLAYERS OF THE WEEK

Offensive — Travis Lulay, QB, B.C. Lions
Defensive — Brock Campbell, DB, Hamilton Tiger-Cats
Special teams — Tim Brown, KR/PR, B.C. Lions
Canadian — Shawn Gore, SB, B.C. Lions

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Jets	1	1	0	.500	58	55
New England	1	1	0	.500	52	33
Miami	1	1	0	.500	45	43
Buffalo	1	1	0	.500	63	65
SOUTH						
Houston	2	0	0	1.000	57	17
Indianapolis	1	1	0	.500	44	61
Tennessee	0	2	0	.000	23	72
Jacksonville	0	2	0	.000	30	53
NORTH						
Baltimore	1	1	0	.500	67	37
Cincinnati	1	1	0	.500	47	71
Pittsburgh	1	1	0	.500	46	41
Cleveland	0	2	0	.000	43	51
WEST						
San Diego	2	0	0	1.000	60	24
Denver	1	1	0	.500	52	46
Kansas City	0	2	0	.000	41	75
Oakland	0	2	0	.000	27	57

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Philadelphia	2	0	0	1.000	41	39
Dallas	1	1	0	.500	31	44
Washington	1	1	0	.500	68	63
N.Y. Giants	1	1	0	.500	58	58
SOUTH						
Atlanta	2	0	0	1.000	67	45
Tampa Bay	1	1	0	.500	50	51
Carolina	1	1	0	.500	45	43
New Orleans	0	2	0	.000	59	75
NORTH						
Green Bay	1	1	0	.500	45	40
Detroit	1	1	0	.500	46	50
Minnesota	1	1	0	.500	46	46
Chicago	1	1	0	.500	51	44
WEST						
Arizona	2	0	0	1.000	40	34
San Francisco	2	0	0	1.000	57	41
St. Louis	1	1	0	.500	54	55
Seattle	1	1	0	.500	43	27

WEEK TWO

Monday's result
Atlanta 27 Denver 21
Sunday's results
Arizona 20 New England 18
Buffalo 35 Kansas City 17
Carolina 35 New Orleans 27
Indianapolis 23 Minnesota 20
Cincinnati 34 Cleveland 27
Houston 27 Jacksonville 7
Miami 35 Oakland 13
N.Y. Giants 41 Tampa Bay 34
Philadelphia 24 Baltimore 23
Pittsburgh 27 N.Y. Jets 10
San Diego 38 Tennessee 10
San Francisco 27 Detroit 19
Seattle 27 Dallas 7
St. Louis 31 Washington 28
Thursday, Sept. 13
Green Bay 23 Chicago 10

WEEK THREE

Thursday's game — All Times Eastern
N.Y. Giants at Carolina, 8:20 p.m.
Sunday's games
Tampa Bay at Dallas, 1 p.m.
St. Louis at Chicago, 1 p.m.
San Francisco at Minnesota, 1 p.m.
Detroit at Tennessee, 1 p.m.
Kansas City at New Orleans, 1 p.m.
Cincinnati at Washington, 1 p.m.
N.Y. Jets at Miami, 1 p.m.
Buffalo at Cleveland, 1 p.m.
Jacksonville at Indianapolis, 1 p.m.
Philadelphia at Arizona, 4:05 p.m.
Atlanta at San Diego, 4:05 p.m.
Pittsburgh at Oakland, 4:25 p.m.
Houston at Denver, 4:25 p.m.
New England at Baltimore, 8:20 p.m.
Monday, Sept. 24
Green Bay at Seattle, 8:30 p.m.

GOLF

THIS WEEK'S EVENTS

PGA TOUR

TOUR CHAMPIONSHIP
Site: Atlanta.
Schedule: Thursday-Sunday.
Course: East Lake Golf Club (7,319 yards, par 70).
Purse: $8 million. **Winner's share:** $1.44 million.
Notes: The top 30 in the FedEx Cup standings qualified for the event. The top five - McIlroy, Tiger Woods, Nick Watney, Mickelson and Brandt Snedeker - can take the $10 million FedEx Cup prize with a victory. The other 25 players have a chance to win the playoff title with a victory, but would need help from the players at the top of the standings. ... Watney opened the four-event playoffs with a victory in The Barclays at Bethpage Black. ... East Lake, the course where Bobby Jones learned to play, was designed by Donald Ross and renovated by Rees Jones. ... The Ryder Cup is next week at Medinah in Illinois.
Online: http://www.pgatour.com

LPGA TOUR

NAVISTAR LPGA CLASSIC
Site: Prattville, Ala.
Schedule: Thursday-Sunday.
Course: Robert Trent Jones Golf Trail, Capitol Hill, The Senator (6,460 yards, par 72).
Purse: $1.3 million. **Winner's share:** $195,000.
Online: http://www.lpga.com

WEB.COM TOUR

WNB GOLF CLASSIC
Site: Midland, Texas.
Schedule: Thursday-Sunday.
Course: Midland Country Club (7,380 yards, par 72).
Purse: $550,000. **Winner's share:** $99,000.
Online: http://www.pgatour.com

CHAMPIONS TOUR

Next event: SAS Championship, Oct. 5-7, Prestonwood Country Club, Cary, N.C.
Online: http://www.pgatour.com

EUROPEAN TOUR

Next event: Ryder Cup, Sept. 28-30, Medinah Country Club, Medinah, Ill.
Online: http://www.europeantour.com

JAPAN/ASIAN TOUR

ASIA-PACIFIC PANASONIC OPEN
Site: Higashi Hirono Golf Club, Hyogo, Japan.
Schedule: Thursday-Sunday.
Online: http://www.jgto.org and http://www.asiantour.com

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Kansas City	29	16	7	6	37	25	54
Chicago	28	15	8	5	40	33	50
New York	29	14	8	7	49	42	49
Houston	29	12	7	10	41	34	46
D.C. United	28	13	10	5	45	39	44
Columbus	28	12	10	6	34	35	42
Montreal	30	12	15	3	44	49	39
New England	29	7	15	7	36	40	28
Philadelphia	26	7	13	6	26	31	27
Toronto	29	5	17	7	32	51	22

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-San Jose	28	17	6	5	58	33	56
Seattle	28	13	6	9	44	29	48
Real Salt Lake	29	14	11	4	38	33	46
Los Angeles	29	14	11	4	50	40	46
Vancouver	29	10	12	7	29	38	37
Dallas	30	9	12	9	35	38	36
Colorado	29	9	18	2	36	43	29
Chivas USA	27	7	13	7	21	43	28
Portland	28	7	14	7	28	47	28

x — clinched playoff berth.
Wednesday's results
Kansas City 2 New York 0
Chivas USA at Columbus
Portland at San Jose
Thursday's game — All Times Eastern
D.C. United at Philadelphia, 8 p.m.
Saturday's games
Kansas City at Montreal, 1:30 p.m.
New York at New England, 7:30 p.m.
Portland at Real Salt Lake, 8 p.m.
Columbus at Chicago, 8:30 p.m.
Toronto at Los Angeles, 10:30 p.m.
San Jose at Seattle, 10:30 p.m.
Sunday's games
Houston at Philadelphia, 5 p.m.
Chivas USA at D.C. United, 7 p.m.
Colorado at Vancouver, 7:30 p.m.

UEFA CHAMPIONS LEAGUE

FIRST ROUND — FIRST LEG

Wednesday's results
GROUP E
Chelsea (England) 2 Juventus (Italy) 2
Shakhtar Donetsk (Ukraine) 2 Nordsjaelland (Denmark) 0
GROUP F
Bayern Munich (Germany) 2 Valencia (Spain) 1
Lille (France) 1 BATE Borisov (Belarus) 3
GROUP G
Barcelona (Spain) 3 Spartak Moscow (Russia) 2
Celtic (Scotland) 0 Benfica (Portugal) 0
GROUP H
Braga (Portugal) 0 CFR Cluj (Romania) 2
Manchester United (England) 1 Galatasaray (Turkey) 0
Tuesday's results
GROUP A
Dinamo Zagreb (Croatia) 0 FC Porto (Portugal) 2
Paris Saint-Germain (France) 4 Dynamo Kiev (Ukraine) 1
GROUP B
Montpellier (France) 1 Arsenal (England) 2
Olympiakos (Greece) 1 Schalke (Germany) 2
GROUP C
Malaga (Spain) 3 Zenit St. Petersburg (Russia) 0
AC Milan (Italy) 0 Anderlecht (Belgium) 0
GROUP D
Borussia Dortmund (Germany) 1 Ajax (Netherlands) 0
Real Madrid (Spain) 3 Manchester City (England) 2

NASL

	GP	W	L	T	GF	GA	Pt
x-San Antonio	26	13	6	7	44	23	46
x-Tampa Bay	26	12	7	7	36	29	43
x-Puerto Rico	27	11	9	7	31	29	40
x-Carolina	26	10	8	8	43	45	38
x-Fort Lauderdale	27	9	10	8	38	44	35
Minnesota	27	8	9	10	33	32	34
Atlanta	26	6	12	8	31	44	26
Edmonton	27	5	13	9	24	34	24

x — clinched playoff berth.
Wednesday's results
San Antonio at Atlanta
Carolina at Tampa Bay
Saturday's games — All Times Eastern
Tampa Bay at Carolina, 7 p.m.
Atlanta at Puerto Rico, 7:30 p.m.
Sunday's games
Fort Lauderdale at Edmonton, 4 p.m.
Minnesota at San Antonio, 7:15 p.m.

TENNIS

ATP MOSELLE OPEN

At Metz, France
Singles — First Round
Andreas Seppi (5), Italy, def. Ivan Dodig, Croatia, 6-7 (7), 6-3, 6-4.
Second Round
Jo-Wilfried Tsonga (1), France, def. Clement Reix, France, 6-3, 6-3.
Florian Mayer (4), Germany, def. James Blake, U.S., 6-7 (4), 6-3, 6-4.

ATP ST. PETERSBURG OPEN

At St. Petersburg, Russia
Singles — First Round
Lukasz Kubot, Poland, def. Denis Istomin (2), Uzbekistan, 4-6, 6-3, 6-4.
Martin Klizan (3), Slovakia, def. Mikhail Elgin, Russia, 6-4, 6-3.
Fabio Fognini (4), Italy, def. Tobias Kamke, Germany, 4-6, 6-2, 6-3.
Jurgen Zopp (8), Estonia, def. Andrey Kumantsov, Russia, 6-3, 6-5 (retired).
Ricardas Berankis, Lithuania, def. Philipp Petzschner, Germany, 6-2, 3-3 (retired).
Sergiy Stakhovsky, Ukraine, def. Ivan Nedelko, Russia, 7-6 (2), 6-2.

WTA KDB KOREA OPEN

At Seoul, South Korea
Singles — First Round
Lee So-ra, South Korea, def. Maria Kirilenko (2), Russia, 1-1 (retired).
Nadia Petrova (4), Russia, def. Lourdes Dominguez Lino, Spain, 6-2, 6-4.
Second Round
Kaia Kanepi (3), Estonia, def. Galina Voskoboeva, Kazakhstan, 6-2, 6-2.

WTA GUANGZHOU INTERNATIONAL OPEN

At Guangzhou, China
Singles — Second Round
Laura Robson, Britain, def. Zheng Jie (2), China, 6-3, 6-3.
Sorana Cirstea (3), Romania, def. Duan Ying-Ying, China, 6-1, 7-6 (0).
Urszula Radwanska (4), Poland, def. Mandy Minella, Luxembourg, 6-2, 6-3.
Chanelle Scheepers (5), South Africa, def. Bojana Jovanovski, Serbia, 6-4, 6-1.
Alize Cornet (8), France, def. Olga Govortsova, Belarus, 6-4 (retired).

Horoscopes

♈ Aries
March 21 - April 20
The Sun's entry into your opposite sign of Libra on Saturday will bring partnership problems to the forefront and this time you must not run away from them. Power struggles are likely but you were born a winner — so win.

♉ Taurus
April 21 - May 21
Travel plans and social activities will be disrupted over the next 24 hours, and most likely it is you who will be doing the disrupting. It's OK to have second thoughts. It's OK to change your mind.

♊ Gemini
May 22 - June 21
One of the best times of the year begins this weekend when the Sun moves into the area of your chart that governs romance and creativity. Today, do only what feels right to you. It's OK to be selfish.

♋ Cancer
June 22 - July 23
There is a danger today that you will come on too strong and provoke some kind of backlash. Maybe that is the price you have to pay for being honest about what you believe. The truth must not be denied.

♌ Leo
July 24 - Aug. 23
If you are wasting your money on things you don't need, there is still time to cut them out of your life, but you have got to be quick. Very soon, the matter will be taken out of your hands. Act now.

♍ Virgo
Aug. 24 - Sept. 23
Although the Sun leaves your sign this weekend, that's not an invitation to slow down. Other influences indicate that your momentum will keep you going at breakneck speed for some time to come. Enjoy.

♎ Libra
Sept. 24 - Oct. 23
The Sun is moving closer to your birth sign and already you can feel the positive effects. For best results though you should focus your aim and concentrate on those two or three things that mean the most to you.

♏ Scorpio
Oct. 24 - Nov. 22
Today's cosmic picture warns in no uncertain terms that if you lose your temper, for even a moment, it will be you who loses out in the long-term. Take nothing too seriously and find ways to relax.

♐ Sagittarius
Nov. 23 - Dec. 21
One of the best times of the year for friendships begins very soon, so strive to be open to everyone you meet. This is also a good time to get more personally involved in some kind of social movement.

♑ Capricorn
Dec. 22 - Jan. 20
You have accomplished a lot and have a right to feel pleased with yourself but don't take it easy because there is still more to be done. You were born to be a winner, so get out there and compete.

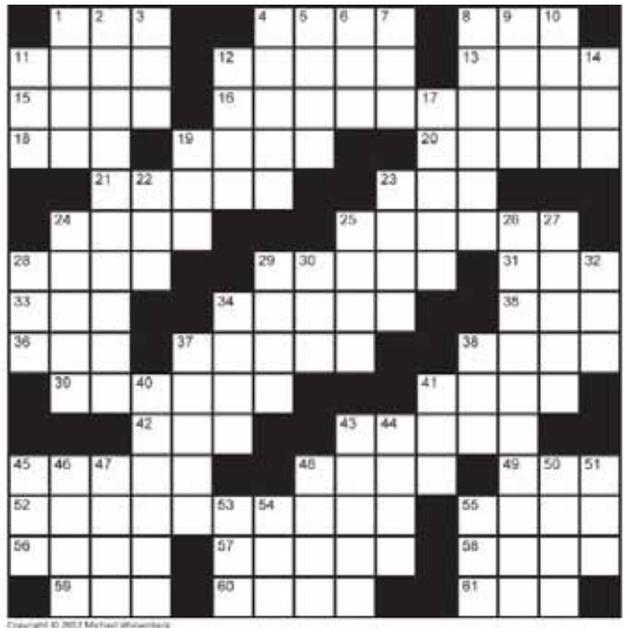
♒ Aquarius
Jan. 21 - Feb. 19
You may be tempted to do something out of the ordinary today but if you are smart, you will wait for the Sun to move in your favour during the weekend. Good times are coming sooner than you think.

♓ Pisces
Feb. 20 - March 20
What seems so confusing now will seem simple a few days. However, today's influences will bring out your passion for something, or someone, to a degree that could cause problems, so think before you act.

SALLY BROMPTON

Crossword: A Cold Measure and a Hot Band

BY MICHAEL WIESENBERG



Across
1. Island: Fr.
4. Certain hockey shot
8. Affectionate touch
11. Campus Greek house, briefly
12. Circle, square, or triangle, e.g.
13. "Are you ___ out?": query to a hesitant poker player (2 wds.)
15. Acorn-dropping trees
16. Snowfall measure
18. "This is dedicated to the ___ I love"
19. Commanded, old-style
20. Sandwich cookies
21. They play their home games at BC Place Stadium in downtown Vancouver
23. Cowardly person
24. Fly by oneself
25. Surprisingly [or not more (than)] (2 wds.)
28. Greek crosses
29. Elliott of *Ocean's 11, 12, 13*
31. Bill's "excellent adventure" partner
33. "___ Could Turn Back Time": 1989 Cher hit (2 wds.)
34. 1,000 kg
35. Small battery
36. "___ amis": start of a French speech
37. Dummies or spinning toys
38. TV award
39. Saskatchewan capital
41. Salesmen, for short
42. Bruce of karate fame
43. ___ Leaf
45. Sales talk
48. ___ Pilot: PDA
49. Father
52. Montréal-based 2011 Juno Album of the Year winning group (2 wds)
55. Cold cut cutting locale
56. MTV viewer
57. Where to bowl
58. One of the Great Lakes
59. '01, '02, etc.: abbr.
60. "Beware the ___ of March": Julius Caesar
61. Winter time in Manitoba: initialism

Down
1. Persia, now
2. Banff National Park's best known tourist destination (2 wds.)
3. Some Spielberg visitors
4. Moults
5. Reporter Lois of the *Daily Planet*
6. Likely
7. Maritime Province: initialism
8. PM Trudeau
9. Early poker pot maker
10. Matador's opponent
11. Egg ___ young
12. Photocopy
14. Legal matter
17. Back-of-the-fridge problem
19. Ghostly greeting
22. They: Fr.
23. "Merry old" king of rhyme
24. Toronto-born *60 Minutes* regular Morley
25. *Sister Act* extras
26. Calgary team
27. Britches stitches
28. ___ Horton's
29. "The Naked Maja" painter
30. Yoko ___ Lennon
32. 24 hours
34. Vocal sound
37. Give up
38. Serpentine seafood
40. Gathers bit by bit
41. Engine speed
43. Female horses
44. Bar servings
45. Posed
46. Carnivore's quarry
47. "Happy birthday" writer or NHL player at times
48. Scent for a car freshener
50. Got off
51. Expire
53. He's coming in a Three Dog Night song
54. Pet rocks, once
55. Xmas mo.

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

1			2		8			
8	2						7	4
	5			1		2		
	3		4	8				6
		4				3		
5				3	9		2	
		3		9			4	
9	6						1	7
			1		7			9

Yesterday's Sudoku

Today 19°/12° Partly cloudy
Friday 20°/13° Showers 40%
Know what the weather will be 14 days from now. Check the 14 day trend.
TWN incorporates MSC data

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High Performance Sudan

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TOTAL SALE PRICE: **$15,598**

AWD AVAILABLE

$49 PER WEEK

96 month term at 5.99%, freight, PDE included. Taxes extra. With $2,000 down or equivalent trade.

2012 OUTLANDER

The Fiery and Bold SUV

STARTING AT: **$22,998**

TOTAL SALE PRICE: **$24,698**

$72 PER WEEK

96 month term at 4.8%, freight, PDE included. Taxes extra. With $2,000 down or equivalent trade.

2012 RVR

The Crossover Energy Efficient

STARTING AT: **$17,998**

TOTAL SALE PRICE: **$19,698**

$57 PER WEEK

96 month term at 4.8%, freight, PDE included. Taxes extra. With $2,000 down or equivalent trade.

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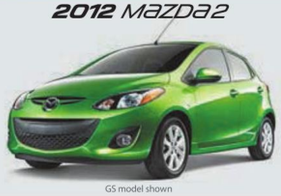
2012 Mazda2



GS model shown

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2012 Mazda3 GX

GT model shown

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GT model shown

Lease starting from

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$695 down

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